# Impulsivity and Aggression

## Differential for Impulsivity/aggression

- ADHD
- ODD/Conduct Disorder
- Mood Disorders
- Schizophrenia and Psychosis
- Autism Spectrum
- Intellectual Disabilities
- PTSD
- Tourette's
- Seizure Disorder
- TBI

# Evaluation of Aggression

- Identify maladaptive aggression/behavior
- Consider psychiatry/neurological diagnosis Treat the primary illness
- Identify subtypes which would guide treatment
- Treatment

#### Predatory, instrumental, proactive aggression

• Definitions of aggression types

### Impulsive, Reactive, Affective Aggression

• Definitions and examples of aggression

#### Treatments

- Predatory, instrumental, proactive depression
  - CBT
    - Skills Building
    - Anger management
- Impulsive, reactive, Affective Aggression
  - Psychosocial interventions
    - Parent Management Training
    - CBT
    - Functional Family therapy
  - Pharmacotherapy