North Dakota State Targeted Response to the Opioid Crisis

State Targeted Response to the Opioid Crisis (Opioid STR)

- Awarded April, 2017 by the Substance Abuse and Mental Health Services Administration (SAMHSA) to the North Dakota Department of Human Services’ Behavioral Health Division.

- Goal is to reduce opioid related deaths through increasing access to treatment and recovery services, awareness and prevention, and reducing stigma surrounding opioid use disorder.
Overview

• Behavioral Health Division administers the funding and oversees contracts to four statewide vendors and nine communities for implementation.

• Behavioral Health Division contracted with the University of North Dakota Center for Rural Health to conduct the evaluation of the project.

Major Components

Focused at both a community and statewide level

• Four state-level components
  • Project ECHO
  • Champion Prescriber
  • DOCR
  • DATA 2000

• Nine community awards
  • Bismarck
  • Fargo
  • Grand Forks
  • Minot
  • Valley City
  • MHA Nation
  • Spirit Lake
  • Standing Rock
  • Turtle Mountain
Community Impacts

- 1,077 individuals received treatment services
- 60 individuals received recovery support services
- 5,847 individuals were trained in one or more of the following areas:
  - Medication Assisted Treatment
  - Overdose Education and Naloxone Distribution
  - Prescribing Guidelines
- 34 doses of Naloxone were administered and 15 lives were saved
Vendor Impacts

- 161 training and education contacts were made
- 12 trainings took place
- 410 individuals were trained on Medication Assisted Treatment
- 2 policy changes were made

Opioid Response in Grand Forks

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Grand Forks Data Update

- 2018
  - Overdose deaths: 2 to date
- 2017
  - Overdose deaths: 4
  - Pre-hospital naloxone administrations: 48
- 2016
  - Overdose deaths: 3
  - Pre-hospital naloxone administrations: 43

Grand Forks Data Update

- Altru Emergency Department
- Admissions due to opioid overdose or suspected opioid overdose
  - 2017
    - 53 admissions
  - 2016
    - 63 admissions
  - 2015
    - 27 admissions
Prevention
Empowering the individual
Protecting the community
Enabling recovery

Treatment
Building infrastructure
Eliminating barriers
Promoting wellness

Naloxone

- Standing order
- Training curriculum
- Develop storage solutions
- Provide training
  - Law enforcement
  - Public schools
  - Public places
- Distribute
- Notify
To date:
- 34 Training sessions
- 461 Community members trained
- 195 Narcan Nasal Spray kits distributed
- 0 Administered

Evidence based treatment

- Counseling
  - NEHSC
  - Agassiz Associates
  - Drake Counseling
  - Douglas Place

- Medication Assisted Treatment

- Peer Recovery
  - Narcotics Anonymous
Medication Assisted Treatment

• Travel Program
  • Community Medical Services – Fargo
  • Methadone
    • Daily dosing requires frequent driving
  • Provides $20-25 gift card
  • All North Dakota residents driving >100 miles round-trip are eligible
  • 5 clients
    • 1 pregnant woman

Medication Assisted Treatment

• Ideal Option
  • February 2018
  • Medicaid, insurance providers

• Valley Community Health Centers
  • Two Nurse Practitioners
  • May 2018
  • Integrated care model
  • Sliding fee schedule, Medicaid, insurance providers
Counseling

• Increase access and availability
• Agassiz Associates
  • Supported by the STR Grant
  • Objectives:
    • Increase SUD counseling capacity
    • Become a SUD voucher provider
    • Pursue opportunities to increase access

Peer Support

• Face It Together Fargo-Moorhead
• Outreach program in Grand Forks
  • One afternoon per week in Grand Forks
  • Train local volunteer coaches
  • Free of charge for the client and their families
• Located at Northern Prairie Community Clinic
Evidence based treatment

• Counseling
  • NEHSC
  • Agassiz Associates*
  • Drake Counseling
  • Douglas Place

• Medication Assisted Treatment
  • Valley Community Health Centers*
  • Ideal Option

• Peer Recovery
  • Face It TOGETHER*
  • Narcotics Anonymous
  • Faith-based recovery groups

* Opioid STR Grant supported projects

Addressing Stigma

• The Opioid Epidemic: Seeking Solutions in North Dakota screening
  • BCBS:ND Caring Foundation
  • Community Members

• Addiction at Work: Tackling the Opioid Crisis and Building Long-Term Wellness
  • Face It TOGETHER
  • Employers

• Medication Assisted Treatment 101
  • Red River Behavioral Health System
  • Providers
Future directions

• Sustainable addiction treatment at the Grand Forks County Correctional Center
  • In development
  • Partnership with Agassiz Associates

• Enhance data collection
  • Epidemiological surveillance data

• Develop warm hand-offs
  • Emergency Department and other touchpoints

• Enhance Narcan distribution efforts
  • High risk individuals