

# North Dakota State Targeted Response to the Opioid Crisis



## State Targeted Response to the Opioid Crisis (Opioid STR)

- Awarded April, 2017 by the Substance Abuse and Mental Health Services Administration (SAMHSA) to the North Dakota Department of Human Services' Behavioral Health Division.
- Goal is to reduce opioid related deaths through increasing access to treatment and recovery services, awareness and prevention, and reducing stigma surrounding opioid use disorder.



# Overview



- Behavioral Health Division administers the funding and oversees contracts to four statewide vendors and nine communities for implementation.
- Behavioral Health Division contracted with the University of North Dakota Center for Rural Health to conduct the evaluation of the project.



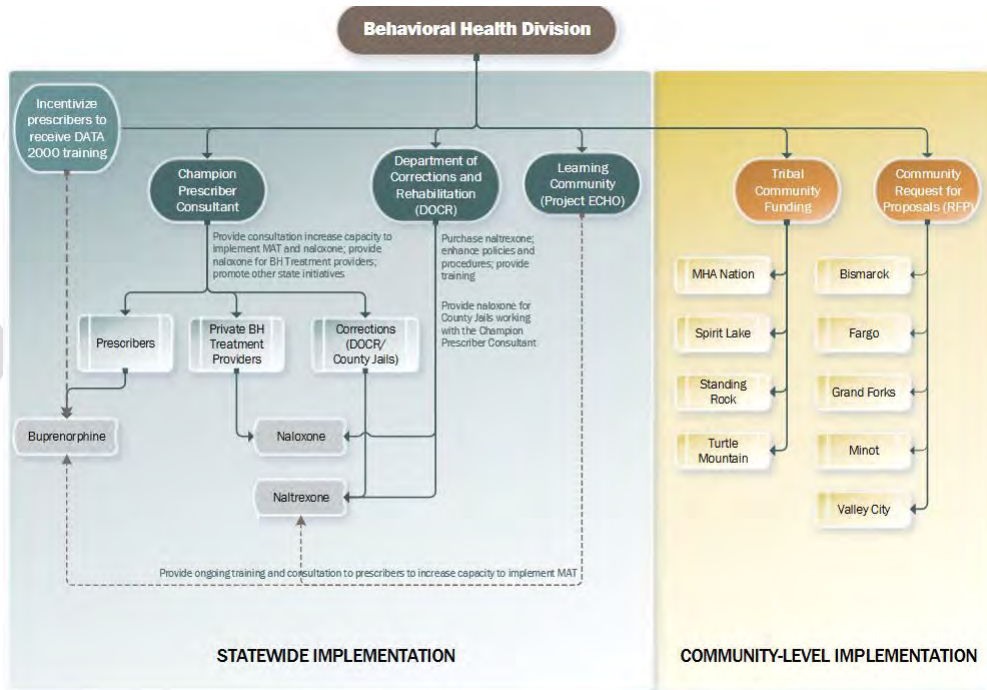
## Major Components

Focused at both a community and statewide level

- Four state-level components
  - Project ECHO
  - Champion Prescriber
  - DOCR
  - DATA 2000
- Nine community awards
 

• Bismarck	• MHA Nation
• Fargo	• Spirit Lake
• Grand Forks	• Standing Rock
• Minot	• Turtle Mountain
• Valley City	





## Community Impacts

- 1,077 individuals received treatment services
- 60 individuals received recovery support services
- 5,847 individuals were trained in one or more of the following areas:
  - Medication Assisted Treatment
  - Overdose Education and Naloxone Distribution
  - Prescribing Guidelines
- 34 doses of Naloxone were administered and 15 lives were saved

## Vendor Impacts

- 161 training and education contacts were made
- 12 trainings took place
- 410 individuals were trained on Medication Assisted Treatment
- 2 policy changes were made



## Opioid Response in Grand Forks

Michael Dulitz, MPH, NRP  
Opiate Response Project Coordinator

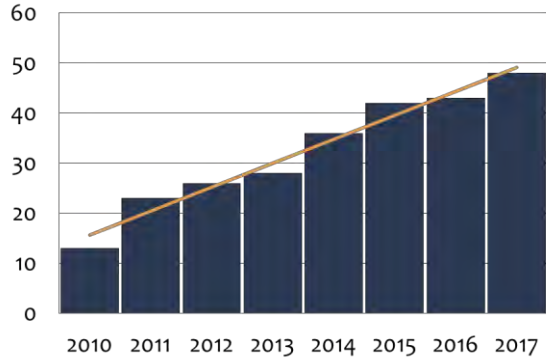


**Public Health**  
Prevent. Promote. Protect.  
Grand Forks Public Health

# Grand Forks Data Update

- 2018
  - Overdose deaths: 2 to date
- 2017
  - Overdose deaths: 4
  - Pre-hospital naloxone administrations: 48
- 2016
  - Overdose deaths: 3
  - Pre-hospital naloxone administrations: 43

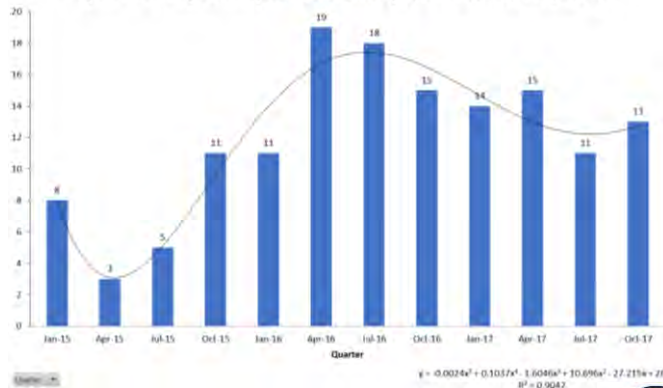
**Pre-hospital Narcan Administrations**



# Grand Forks Data Update

- Altru Emergency Department
- Admissions due to opioid overdose or suspected opioid overdose
  - 2017
    - 53 admissions
  - 2016
    - 63 admissions
  - 2015
    - 27 admissions

**Opioid and Suspected Opioid Overdoses by Quarter Q1 2015 - Q4 2017**



$$y = -0.0024x^2 + 0.1037x + 1.6049x^2 + 10.696x - 27.211x + 75$$

$$R^2 = 0.9042$$



# Prevention

Empowering the individual  
Protecting the community  
Enabling recovery

# Treatment

Building infrastructure  
Eliminating barriers  
Promoting wellness



## Naloxone

- Standing order
- Training curriculum
- Develop storage solutions
- Provide training
  - Law enforcement
  - Public schools
  - Public places
- Distribute
- Notify



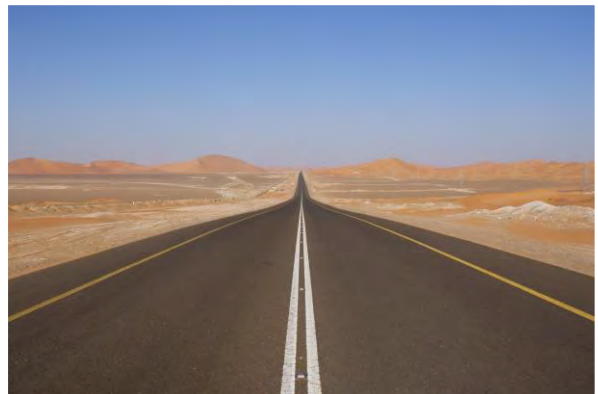
# Naloxone

- To date:
  - 34 Training sessions
  - 461 Community members trained
  - 195 Narcan Nasal Spray kits distributed
  - 0 Administered



## Evidence based treatment

- Counseling
  - NEHSC
  - Agassiz Associates
  - Drake Counseling
  - Douglas Place
- Medication Assisted Treatment
- Peer Recovery
  - Narcotics Anonymous



## Medication Assisted Treatment

- Travel Program
  - Community Medical Services – Fargo
  - Methadone
    - Daily dosing requires frequent driving
  - Provides \$20-25 gift card
  - All North Dakota residents driving >100 miles round-trip are eligible
  - 5 clients
    - 1 pregnant woman



## Medication Assisted Treatment

- Ideal Option
  - February 2018
  - Medicaid, insurance providers
- Valley Community Health Centers
  - Two Nurse Practitioners
  - May 2018
  - Integrated care model
  - Sliding fee schedule, Medicaid, insurance providers





## Counseling

- Increase access and availability
- Agassiz Associates
  - Supported by the STR Grant
  - Objectives:
    - Increase SUD counseling capacity
    - Become a SUD voucher provider
    - Pursue opportunities to increase access



## Peer Support

- Face It Together Fargo-Moorhead
- Outreach program in Grand Forks
  - One afternoon per week in Grand Forks
  - Train local volunteer coaches
  - Free of charge for the client and their families
- Located at Northern Prairie Community Clinic



## Evidence based treatment

- Counseling
  - NEHSC
  - Agassiz Associates\*
  - Drake Counseling
  - Douglas Place
- Medication Assisted Treatment
  - Valley Community Health Centers\*
  - Ideal Option
- Peer Recovery
  - Face It TOGETHER\*
  - Narcotics Anonymous
  - Faith-based recovery groups



\* Opioid STR Grant supported projects



## Addressing Stigma



- The Opioid Epidemic: Seeking Solutions in North Dakota screening
  - BCBS:ND Caring Foundation
  - Community Members
- Addiction at Work: Tackling the Opioid Crisis and Building Long-Term Wellness
  - Face It TOGETHER
  - Employers
- Medication Assisted Treatment 101
  - Red River Behavioral Health System
  - Providers



## Future directions

- Sustainable addiction treatment at the Grand Forks County Correctional Center
  - In development
  - Partnership with Agassiz Associates
- Enhance data collection
  - Epidemiological surveillance data
- Develop warm hand-offs
  - Emergency Department and other touchpoints
- Enhance Narcan distribution efforts
  - High risk individuals

