Mapping Rural and Urban Mortality Differences by HHS Region
Rural Health Reform Policy Research Center

RHRPRC is a consortium that combines the resources of two premier institutions:

- The University of North Dakota Center for Rural Health
- NORC Walsh Center for Rural Health Analysis

Research conducted by the RHRPRC informs policy makers and rural providers to:

- Increase access to health care services
- Improve overall health status of rural residents
- Assist rural communities in securing adequate, affordable, high-quality health care services
Contact Information:
For answers to questions about this presentation, contact:
Alana Knudson, PhD
Deputy Director, Rural Health Reform Policy Research Center
Co-Director, Walsh Center for Rural Health Analysis
NORC at the University of Chicago
4350 East-West Highway, Suite 800
Bethesda, MD 20814
Phone: 301-634-9326
Email: Knudson-Alana@norc.org
Where you live should not determine whether you live, or whether you die
— Bono
Introduction

• Cause-specific mortality is often higher in rural counties than urban counties
• Risk factors contribute to high mortality rates in rural areas
  • Smoking
  • Obesity
  • Physical inactivity
• High mortality rates and risk factors are a reflection of the physical and social environment in which people live and work
Study Purpose

• To examine the impact of rurality on mortality and to explore the regional differences in causes of death
Research Question

- What are the geographical differences in rural and urban mortality rates?
Methods

Source of Mortality data:
National Vital Statistics System (NVSS)
  – Years 2011-2013

Data are grouped by:
  – 2013 NCHS Urban-Rural Classification Scheme for Counties
    • (Large Central, Large Fringe, Small/Medium Metro, Micropolitan, Non-core)
  – HHS Regions
  – Age
  – Gender
  – Cause of Death
    • Top 10 Nation-wide causes of death for each age group
<table>
<thead>
<tr>
<th>2013 NCHS Urban-Rural Classification</th>
<th>Definition</th>
</tr>
</thead>
<tbody>
<tr>
<td>Large central (inner cities)</td>
<td>Counties in MSA of 1 million or more population that: Contain the entire population of the largest principal city of the MSA; Are completely contained in the largest principal city of the MSA; or Contain at least 250,000 residents of any principal city of the MSA.</td>
</tr>
<tr>
<td>Large Fringe (suburban)</td>
<td>Counties in MSAs with a population of at least 1 million residents</td>
</tr>
<tr>
<td>Small Metro</td>
<td>Counties in MSAs with a population of less than 1 million residents</td>
</tr>
<tr>
<td>Micropolitan (large rural)</td>
<td>Counties with populations of 10,000 to 49,999</td>
</tr>
<tr>
<td>Non-core (small rural)</td>
<td>Remaining nonmetropolitan counties that are not in a micropolitan statistical area</td>
</tr>
</tbody>
</table>
Additional Notes on Maps

The HHS regions are as follows:
Region 1: Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, Vermont
Region 2: New York, New Jersey
Region 3: Delaware, District of Columbia, Maryland, Pennsylvania, Virginia, West Virginia
Region 4: Alabama, Florida, Georgia, Kentucky, Mississippi, North Carolina, South Carolina, Tennessee
Region 5: Illinois, Indiana, Michigan, Minnesota, Ohio, Wisconsin
Region 6: Arkansas, Louisiana, New Mexico, Oklahoma, Texas
Region 7: Iowa, Kansas, Missouri, Nebraska
Region 8: Colorado, Montana, North Dakota, South Dakota, Utah, Wyoming
Region 9: Arizona, California, Hawaii, Nevada
Region 10: Alaska, Idaho, Oregon, Washington
Additional Notes on the Maps

- Rates are age-adjusted for the children, working-age adult, and senior age groups.
- Data Tables and Technical Notes are available via electronic access with explicit details including mortality rates, explanation of mortality index, age-adjustment, cause of death, etc.
- Rates represent deaths per 100,000 population.
Additional Notes on the Maps

• Each set of maps has a legend. The legend is divided into five uniform color bins. For example, if you had a range of values from 0 to 100, the color range would represent every 20 units. That means that all points between 0 and 20 would have the lightest color, all points between 21 and 40 would be a shade darker, and so on and so forth.

• Any rate that falls within the range for the bin color will display as the same color, even though the two values may not be identical.

• Suppressed and unreliable rates are not shown within each map and display as a white regions.

• Mortality rates for those under 25 years of age are lower thus, more suppressed and unreliable rates exist, limiting the visuals for all but the top causes of death.
Additional Notes on the Maps

- Light to dark colors represent lower to higher mortality rates.
- Although large differences may be present between one HHS region’s mortality rate and another region’s mortality rate, presentation of color variations does not imply that the differences in rates are statistically significant.
- Rates are colored by HHS region (not by individual state).
- The numbers on each state represent their corresponding HHS region.
- Maps are available for up to 10 causes of death for each age, sex, and region grouping.
Deaths of nonresidents are excluded, as are residents of:

- American Samoa
- Commonwealth of the Northern Mariana Islands
- Federated States of Micronesia
- Guam
- Marshall Islands
- Puerto Rico
- Republic of Palau
- U.S. Virgin Islands
Additional Notes on the Maps

• The graphs and accompanying text are part of a group of available information including Technical Notes and data tables corresponding to the graphed data. The Technical Notes provide information about data sources and methods.

• All data tables include the mortality rates underlying the graphics. The tables also include related data not included in the chart, as well as standard errors of estimates and results of statistical comparisons.

Electronic access:
Exploring Rural and Urban Mortality Differences by HHS Region may be accessed from the Rural Health Research Gateway website at:

http://www.ruralhealthresearch.org/.

The graphs from this presentation may be accessed at: https://viz.norc.org/views/On-LineToolMortalityRates/Introduction?:embed=y&:display_count=no
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$^1$Cause of death of top 10 rankable causes of death in order from leading cause of death to $10^{th}$ leading cause of death for this age group. Source: http://webappa.cdc.gov/sasweb/ncipc/leadcaus10_us.html
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: Under 1; Cause of Death: Congenital malformations; Sex: Both sexes

**Figure 2**

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.

Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: Under 1; Cause of Death: Short gestation and low birth weight; Sex: Both sexes

Figure 3

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
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Figure 4

URBAN (Large Fringe, Large Central, Small/Medium Metro)  RURAL (Micropolitan, Non-Core)

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: Under 1; Cause of Death: Maternal complications of pregnancy; Sex: Both sexes

Figure 5

URBAN (Large Fringe, Large Central, Small/Medium Metro)  
RURAL (Micropolitan, Non-Core)

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death. 
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Figure 6

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: Under 1; Cause of Death: Placenta, cord and membrane complications; Sex: Both sexes

Figure 7

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
Figure 8

Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: Under 1; Cause of Death: Bacterial sepsis; Sex: Both sexes

**Data Source:** Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.

**Suggested Citation:** Rural Health Reform Policy Research Center. Exploring Rural and Urban Mortality Differences, August 2015 Bethesda, MD. 2015.
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: Under 1; Cause of Death: Respiratory distress; Sex: Both sexes

**URBAN** (Large Fringe, Large Central, Small/Medium Metro)  
**RURAL** (Micropolitan, Non-Core)
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: Under 1; Cause of Death: Circulatory system diseases; Sex: Both sexes

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: Under 1; Cause of Death: Neonatal hemorrhage; Sex: Both sexes

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\(^2\)Cause of death of top 10 rankable causes of death in order from leading cause of death to 10\(^{th}\) leading cause of death for this age group. Source: http://webappa.cdc.gov/sasweb/ncipc/leadcaus10_us.html
Figure 12

Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 1 to 14; Cause of Death: Unintentional injuries; Sex: Both sexes

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 1 to 14; Cause of Death: Malignant neoplasms; Sex: Both sexes

Sources: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
Suggested Citation: Rural Health Reform Policy Research Center. Exploring Rural and Urban Mortality Differences, August 2015 Bethesda, MD. 2015.
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Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 1 to 14; Cause of Death: Homicide; Sex: Both sexes

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 1 to 14; Cause of Death: Heart disease; Sex: Both sexes

Figure 16

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 1 to 14; Cause of Death: Suicide; Sex: Both sexes

[Sources and citation]
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 1 to 14; Cause of Death: Flu & pneumonia; Sex: Both sexes

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 1 to 14; Cause of Death: Lower respiratory; Sex: Both sexes

**Figure 19**

**URBAN (Large Fringe, Large Central, Small/Medium Metro)**

**RURAL (Micropolitan, Non-Core)**

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**Sources:** Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.

**Suggested Citation:** Rural Health Reform Policy Research Center. Exploring Rural and Urban Mortality Differences, August 2015 Bethesda, MD. 2015.
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 1 to 14; Cause of Death: Benign neoplasms; Sex: Both sexes

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 1 to 14; Cause of Death: Cerebrovascular diseases; Sex: Both sexes

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
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SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
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**Age**

- 15 to 24

**Cause of Death**

- Suicide

**Sex**

- Male

**Mortality Rate (per 100,000 pop)**

- Numbers indicate HHS Regions

**URBAN** (Large Fringe, Large Central, Small/Medium Metro)

**RURAL** (Micropolitan, Non-Core)

**Sources:** Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.

**Suggested Citation:** Rural Health Reform Policy Research Center. Exploring Rural and Urban Mortality Differences, August 2015 Bethesda, MD. 2015.
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 15 to 24; Cause of Death: Suicide; Sex: Female

Age
15 to 24

Cause of Death
Suicide

Sex
Female

Mortality Rate (per 100,000 pop)
3.2
9.5

(Numbers indicate HHS Regions)

URBAN (Large Fringe, Large Central, Small/Medium Metro)

RURAL (Micropolitan, Non-Core)

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 15 to 24; Cause of Death: Homicide; Sex: Male

Source: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
Suggested Citation: Rural Health Reform Policy Research Center. Exploring Rural and Urban Mortality Differences, August 2015 Bethesda, MD. 2015.
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Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 15 to 24; Cause of Death: Malignant neoplasms; Sex: Male

Urban (Large Fringe, Large Central, Small/Medium Metro)  

Rural (Micropolitan, Non-Core)  

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.  
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 15 to 24; Cause of Death: Malignant neoplasms; Sex: Female

URBAN (Large Fringe, Large Central, Small/Medium Metro)  RURAL (Micropolitan, Non-Core)

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
Figure 30

Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 15 to 24; Cause of Death: Heart disease; Sex: Male

Age
15 to 24

Cause of Death
Heart disease

Sex
Male

Mortality Rate (per 100,000 pop)

1.7
4.2

(Numbers indicate HHS Regions)

URBAN (Large Fringe, Large Central, Small/Medium Metro)

RURAL (Micropolitan, Non-Core)

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 15 to 24; Cause of Death: Heart disease; Sex: Female

Figure 31

Source: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 15 to 24; Cause of Death: Congenital malformations; Sex: Male

Figure 32

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 15 to 24; Cause of Death: Congenital malformations; Sex: Female

**Figure 33**

**Age**
15 to 24

**Cause of Death**
Congenital malformations

**Sex**
Female

**Mortality Rate (per 100,000 pop)**

(Underline text)

**URBAN (Large Fringe, Large Central, Small/Medium Metro)**

**RURAL (Micropolitan, Non-Core)**

Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 15 to 24; Cause of Death: Diabetes; Sex: Male

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 15 to 24; Cause of Death: Diabetes; Sex: Female

URBAN (Large Fringe, Large Central, Small/Medium Metro)  RURAL (Micropolitan, Non-Core)

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 15 to 24; Cause of Death: Cerebrovascular diseases; Sex: Male

**Figure 36**

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 15 to 24; Cause of Death: Cerebrovascular diseases; Sex: Female

URBAN (Large Fringe, Large Central, Small/Medium Metro)  RURAL (Micropolitan, Non-Core)

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 15 to 24; Cause of Death: Pregnancy or childbirth; Sex: Female

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
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SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
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SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
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SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
SUGGESTED CITATION: Rural Health Reform Policy Research Center. Exploring Rural and Urban Mortality Differences, August 2015 Bethesda, MD. 2015. ...
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 25 to 64; Cause of Death: Malignant neoplasms; Sex: Female

Figure 42

Mortality Rate (per 100,000 pop)

63.8 113.4

(Numbers indicate HHS Regions)

Sources: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
Suggested Citation: Rural Health Reform Policy Research Center. Exploring Rural and Urban Mortality Differences, August 2015 Bethesda, MD. 2015. ...
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 25 to 64; Cause of Death: Heart disease; Sex: Female

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Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 25 to 64; Cause of Death: Unintentional injuries; Sex: Female

Figure 46

Sources: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death. Suggested Citation: Rural Health Reform Policy Research Center. Exploring Rural and Urban Mortality Differences, August 2015 Bethesda, MD. 2015. ...
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Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 25 to 64; Cause of Death: Suicide; Sex: Male

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 25 to 64; Cause of Death: Suicide; Sex: Female

Figure 48

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
SUGGESTED CITATION: Rural Health Reform Policy Research Center. Exploring Rural and Urban Mortality Differences, August 2015 Bethesda, MD. 2015. ...
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SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 25 to 64; Cause of Death: Liver disease; Sex: Female

**Figure 50**

<table>
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<th>Cause of Death</th>
<th>Sex</th>
<th>Mortality Rate (per 100,000 pop)</th>
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</thead>
<tbody>
<tr>
<td>25 to 64</td>
<td>Liver disease</td>
<td>Female</td>
<td></td>
</tr>
</tbody>
</table>

(Numbers indicate HHS Regions)

**Sources:** Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
**Suggested Citation:** Rural Health Reform Policy Research Center. Exploring Rural and Urban Mortality Differences, August 2015 Bethesda, MD. 2015. ...
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SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.

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SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
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Figure 53

LARGE CENTRAL

LARGE FRINGE

SMALL/MEDIUM METROPOLITAN

MICROPOLITAN

NON-CORE

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
SUGGESTED CITATION: Rural Health Reform Policy Research Center. Exploring Rural and Urban Mortality Differences, August 2015 Bethesda, MD. 2015. ...
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Figure 55

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Age
25 to 64

Cause of Death
Cerebrovascular diseases

Sex
Male

Mortality Rate (per 100,000 pop)
5.5 18.7
(Numbers indicate HHS Regions)

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 25 to 64; Cause of Death: Cerebrovascular diseases; Sex: Female

Figure 56

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
SUGGESTED CITATION: Rural Health Reform Policy Research Center. Exploring Rural and Urban Mortality Differences, August 2015 Bethesda, MD. 2015. ...
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Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 25 to 64; Cause of Death: Homicide; Sex: Male

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SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
SUGGESTED CITATION: Rural Health Reform Policy Research Center. Exploring Rural and Urban Mortality Differences, August 2015 Bethesda, MD. 2015. ...
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SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death. SUGGESTED CITATION: Rural Health Reform Policy Research Center. Exploring Rural and Urban Mortality Differences, August 2015 Bethesda, MD. 2015. 83
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SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
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Figure 61

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 65 and older; Cause of Death: Heart disease; Sex: Female

Figure 62

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
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Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 65 and older; Cause of Death: Malignant neoplasms; Sex: Female

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death. SUGGESTED CITATION: Rural Health Reform Policy Research Center. Exploring Rural and Urban Mortality Differences, August 2015 Bethesda, MD. 2015. ...
Figure 65

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Age
65 and older

Cause of Death
Lower respiratory

Sex
Male

Mortality Rate (per 100,000 pop)

191.7
492.4

(Numbers indicate HHS Regions)

LARGE CENTRAL

LARGE FRINGE

SMALL/MEDIUM METROPOLITAN

MICROPOLITAN

NON-CORE

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
SUGGESTED CITATION: Rural Health Reform Policy Research Center. Exploring Rural and Urban Mortality Differences, August 2015 Bethesda, MD. 2015. ...
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 65 and older; Cause of Death: Lower respiratory; Sex: Female

Figure 66

LARGE CENTRAL

LARGE FRINGE

SMALL/MEDIUM METROPOLITAN

MICROPOLITAN

NON-CORE

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death. SUGGESTED CITATION: Rural Health Reform Policy Research Center. Exploring Rural and Urban Mortality Differences, August 2013 Bethesda, MD. 2013. ..
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 65 and older; Cause of Death: Cerebrovascular diseases; Sex: Male

Figure 67

Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 65 and older; Cause of Death: Cerebrovascular diseases; Sex: Female

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
SUGGESTED CITATION: Rural Health Reform Policy Research Center. Exploring Rural and Urban Mortality Differences, August 2015 Bethesda, MD. 2015. ...
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 65 and older; Cause of Death: Alzheimer's; Sex: Male

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
SUGGESTED CITATION: Rural Health Reform Policy Research Center. Exploring Rural and Urban Mortality Differences, August 2015 Bethesda, MD. 2015. ...
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 65 and older; Cause of Death: Alzheimer's; Sex: Female

Figure 70

LARGE CENTRAL

LARGE FRINGE

SMALL/MEDIUM METROPOLITAN

MICROPOLITAN

NON-CORE

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 65 and older; Cause of Death: Diabetes; Sex: Male

Figure 71

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 65 and older; Cause of Death: Diabetes; Sex: Female

Figure 72

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
SUGGESTED CITATION: Rural Health Reform Policy Research Center. Exploring Rural and Urban Mortality Differences, August 2015 Bethesda, MD. 2015. ...
Figure 73

Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 65 and older; Cause of Death: Unintentional injuries; Sex: Male

<table>
<thead>
<tr>
<th>Age</th>
<th>Cause of Death</th>
<th>Sex</th>
<th>Mortality Rate (per 100,000 pop)</th>
</tr>
</thead>
<tbody>
<tr>
<td>65 and older</td>
<td>Unintentional injuries</td>
<td>Male</td>
<td>79.8 to 192.9</td>
</tr>
</tbody>
</table>

(Numbers indicate HHS Regions)

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
SUGGESTED CITATION: Rural Health Reform Policy Research Center, Exploring Rural and Urban Mortality Differences, August 2015 Bethesda, MD. 2015. ...
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 65 and older; Cause of Death: Unintentional injuries; Sex: Female

Figure 74

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
SUGGESTED CITATION: Rural Health Reform Policy Research Center, Exploring Rural and Urban Mortality Differences, August 2015 Bethesda, MD. 2015. …
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 65 and older; Cause of Death: Flu & pneumonia; Sex: Male

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
SUGGESTED CITATION: Rural Health Reform Policy Research Center. Exploring Rural and Urban Mortality Differences, August 2015 Bethesda, MD. 2015...
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 65 and older; Cause of Death: Flu & pneumonia; Sex: Female

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
SUGGESTED CITATION: Rural Health Reform Policy Research Center. Exploring Rural and Urban Mortality Differences, August 2015 Bethesda, MD. 2015. ...
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 65 and older; Cause of Death: Nephritis; Sex: Male

Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 65 and older; Cause of Death: Nephritis; Sex: Female

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
SUGGESTED CITATION: Rural Health Reform Policy Research Center. Exploring Rural and Urban Mortality Differences, August 2015 Bethesda, MD. 2015. ...
Figure 79

Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 65 and older; Cause of Death: Septicemia; Sex: Male

SOURCES: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death.
Mortality Rates by HHS Region and Urban-Rural Status: United States, 2011-2013; Age: 65 and older; Cause of Death: Septicemia; Sex: Female

[Sources: Centers for Disease Control and Prevention, National Center for Health Statistics, Multiple Cause of Death. Suggested Citation: Rural Health Reform Policy Research Center, Exploring Rural and Urban Mortality Differences, August 2015 Bethesda, MD, 2015. ...]

Figure 80
Summary: Infants

• Cause-specific, rural mortality rates worse than the nation in:
  – Congenital malformations, Regions 3, 4, 6, 7, 8 (Mid-Atlantic, South, Plains, and Rockies)
  – Sudden infant death syndrome, Regions 3, 4, 6, 7, 8, 10 (Mid-Atlantic, South, Plains, Rockies, and Northwest)
  – Unintentional Injuries, Region 5, 7, 8 (Midwest, Plains, and Rockies)
  – Respiratory distress, Region 4
Summary: Children (Age 1 to 14)

- Cause-specific, rural mortality rates worse than the nation in:
  - Unintentional injuries, Regions 2, 3, 4, 5 6, 7, 8, 9, 10 (New England, Mid-Atlantic, Midwest, South, Plains, Rockies, and the West)
  - Congenital malformation, Region 3
  - Homicide, Region 3, 6
  - Heart disease, Region 4
  - Lower respiratory, Region 6
Summary: Children (Age 15 to 24)

- Cause-specific, rural mortality rates worse than the nation in:
  - Unintentional injuries, Region 3, 4, 5, 6, 7, 8, 9, 10
  - Suicide, Region 6, 8, 9, 10
  - Heart disease, Region 4
Summary: Working Adults (Age 25 to 64)

- Cause-specific, rural mortality rates worse than the nation in:
  - All top-ten causes of death, Region 4, 6 (the South)
  - Malignant neoplasms, Region 3, 4, 5, 6, 7 (Mid-Atlantic, South, Mid-west, Plains)
  - Heart disease, Region 3, 4, 6, 7 (Mid-Atlantic, South, Plains)
  - Unintentional injuries, Region 3, 4, 5, 6, 7, 8, 9 (Mid-Atlantic, South, Midwest, Plains, Rockies, Southwest)
  - Suicide, Region 3, 4, 6, 7, 8, 9, 10 (Mid-Atlantic, South, Plains, Rockies, West)
  - Liver disease, Region 4, 6, 8, 9, 10 (South, Rockies, West)
  - Diabetes, Region 3, 4, 6 (Mid-Atlantic, South)
  - Lower respiratory disease, Region 2, 3, 4, 5, 6, 7, 10 (New England, Mid-Atlantic, South, Midwest, Plains, Northwest)
Summary: Seniors (Age 65+)

- Cause-specific, rural mortality rates worse than the nation in:
  - All top-ten causes of death, Region 4, 6 (the South)
  - Heart disease, Region 4, 6, 7 (South, Plains)
  - Malignant neoplasms, Region 4, 6, 7 (South, Plains)
  - Lower respiratory, Region 4, 6, 7, 8, 9, 10 (South, Plains, Rockies, West)
  - Cerebrovascular disease & Alzheimer’s, Region 4, 6, 7, 8, 10 (South, Plains, Rockies, Northwest)
  - Flu & pneumonia, Region 4, 6, 7 (South, Plains)
  - Unintentional injuries, Region 4, 6, 7, 8 (South, Plains, Rockies)
  - Nephritis, Region 4, 6, 7 (South, Plains)
Summary

• Place matters
  • Cause-specific mortality varies by region
  • Regional differences that may impact mortality include:
    • Culture
    • Demographics
    • Health behaviors
    • Morbidity

• Sparsely populated areas have high mortality rates
For More Information

For state specific mortality rates, contact the state health department’s vital records department.