



ND CAH Quality Network

Joint Executive & Stakeholder Committee Meeting

September 25, 2019

Mission: To support ongoing performance improvement of North Dakota's Critical Access Hospitals.

Present:

Officers: Marcie Schulz (Chair) Coleen Bomber (Vice Chair)

Executive Members: Jenna Bredahl (Jamestown), Alfred Sams (Bottineau)

Stakeholder Members: Tim Blasl (NDHA), Bridget Weidner (Health Facilities - ND DoH), Jean Roland (QHA), Cindy Gohner (Blue Cross Blue Shield of ND/NMIC Quality)

Senior Project Coordinator: Jody Ward (CRH), **Project Coordinator:** Angie Lockwood (CRH)

MINUTES

I. Welcome - Roll call and Welcome

- Review of minutes from previous meeting.
 - Motion To approve – Coleen Bomber
 - Second – Jenna BredahlMotion carried

II. Workplan Update

- Stakeholder Partner Sharing
North Dakota Hospital Association (Tim)
 - Legislative Recap – Legislative session was considered successful in terms of several key NDHA issues.
 - NDHA tracked over 200 bills, with greatest focus on Dept. of Health and Human Services.
 - Medication Expansion was budget neutral in total. In ND, currently 93% funded federally. That will change to 90% federally funded in January 2020.
 - NDHA has strategic plan in place for recently approved amendment around rate equalization.
 - A provider tax to PPS hospitals was defeated.
 - Interim committees have begun meeting, following about 18-20 studies. These are important to monitor as they will shape upcoming legislative sessions.
 - Commerce Committee
 - Health facilities construction & renovation study
 - Healthcare Committee
 - Health insurance premium rates
 - Health care delivery model in ND.
 - Study for Insurance Commissioner requesting hospital data for communities of 10,000 or greater. Goal is to understand how to control costs.
 - Behavioral Health
 - Looking at behavioral health delivery model.
 - Senator Judy Lee and Senator Tim Mathern both serve on this behavioral health committee.
 - NDHA Annual Convention coming up 10/1 – 10/3 in Fargo.
 - <https://www.ndha.org/education/annual-convention-vendorsponsorship-information/>

Blue Cross Blue Shield of ND (Cindy Gohner)

- Blue Alliance is a Quality Value-Based Program
 - Recently completed first 3-year contract. One of the goals is trying to reduce cost. Highlights:
 - 42 partnering organizations in Blue Alliance Program
 - 90% of all PCPs participate
 - PCMH foundation of program
 - 143 QI projects in progress
 - 126 Processes developed to improve patient experience
 - 95 processes developed to improve care coordination with a focus on discharge planning
 - Entering second 3-year contract beginning 1/1/2020.

ND DoH Health Resources & Health Facilities (Bridget)

- Current CMS Fiscal year ends 9/30/19.
- Waiting to hear next word on year's budget and tiered workload.
- Bridget will be presenting at NDHA Conference, with focus on Top Deficiencies and Hot Topics.

QHA of North Dakota (Jean)

- QIN QIO 12th Scope of Work - The Great Plains QIN-QIO most recent 5 year contract with CMS ended in July. Currently awaiting the next 5-year contract to be awarded; it is anticipated that this will occur in the near future. QHA is optimistic that they will receive the award for ND. The new contract, (known as the 12th SOW), will have similarities to past work while adding some new initiatives. The 12th SOW will involve working with community coalitions and nursing homes on 5 broad aims:
 1. Improve behavioral health outcomes, with focus on opioid misuse
 2. Improve patient safety by reducing all cause harm and adverse drug events
 3. Increase chronic disease self-management (cardiovascular health, diabetes, slowing and preventing ESRD)
 4. Increase quality of care transitions
 5. Improve nursing home quality

Preparing for 12th Scope of Work - Completed an environmental scan of interventions within ND involving opioids and chronic kidney disease and reviewed available data sources on the two topics.

- Innovate-ND | HRET HIIN - Current contract extended to 3/31/2020, with substantially decreased funding. Will continue to provide support to hospitals for data collection and reporting around the clinical measures and topics as have done for the last 2 ½ years. With regard to decreased funding, leaders at HRET made the decision to concentrate on hospitals with opportunity for improvement – performance and engagement were the drivers to determine this. To streamline efforts and resources, HRET designed a 6-month PI collaborative which will kick-off in October. Work for the next 6 months will promote overarching themes including
 - Patient and Family Engagement
 - Physician and Leadership engagement
 - Unit-based improvement (teamwork and communication)
 - Attention to social determinants of health
 - Antibiotic stewardship
 - Palliative care
 - Age Friendly Health Systems (4 M's – what matters, mentation, medications, mobility)

ND CAH Quality Network update and discussion (Jody)

- MBQIP CAH Quality Reporting.
 - Patient Safety- Flu season starts October 1, to March 31 2020.
 - 29 of 36 (82%) of ND CAHs reported last season for employee Influenza Vaccinations
 - Antibiotic Annual Facility Survey – all 36 CAHs reported this measure. CAHs are required to have core elements in place (7) Leadership, Accountability, Drug Expertise, Action, Tracking, Reporting and Education. 53% of the 36 CAHs are meeting all 7 core elements
 - Outpatient AMI measures
 - 2 measures- OP 2-Fibrinolytic therapy within 30 minutes of arrival and OP 3- Median time to transfer to another facility for acute coronary intervention. 29 of 36 CAHs reported in 4 Q 2018. The Median time for our state from a CAH to tertiary is 95 minutes and 75% of patients receive fibrinolytic therapy.
 - HCAHPS and Emergency Department Transfer Communication are going well with 100% (36/36) CAH participation.
- HRSA Rural Health Network Development Grant- is a 3-year grant due November 25, 2019. St. Andrew's Health Center in Bottineau will submit the grant to develop an RHC Network (similar to the CAH Network). The focus of the RHC Network is health care transformation with a focus on care coordination working with partners in ND.
- Dakota Geriatric Workforce Enhancement Program (Dakota GWEP) The goal is to employ strategies to strengthen geriatric knowledge among health professionals. The grant started July 2019 until June 2024 (5 year grant). The Network is written into the grant to assist in the pilot of 5 clinics to implement an "Age Friendly Health System" The GWEP grant seeks higher quality of care of older adults, helping primary care teams transform the usual patient-provider relationship. The focus is on the Geriatric 4Ms: what matters, mentation, mobility and medications.
- Currently Sanford Clinics, Sakakawea Medical Center are actively participating. Recruitment is actively happening with Spirit Lake and Belcourt clinics.
- Care Coordination statewide activity- Partners (BCBS Blue Alliance Program, ND DoH, QHA and CRH) meeting to streamline efforts. BCBS offering a Health Coach training through Dr. Applegate and CRH offered training through the National Rural Health Resource Technical Assistance Center- Debra Laine. A timeline to bring a more structured approach is in the works. The timeline suggested is to send an intro letter to Clinics/CAHs introducing the idea of future trainings and send a survey to them to seek interest. Tentatively set for November 5 would be Debra Laine to teach a pilot of 10 sites about building Care Coordination at their facility. Debra uses a Care Coordination Canvas Guide to assist in identify target population, Assessment, Care Plan, Care Team, Leadership and Business Model. Dr. Applegate would provide a 2-day training on Health Coaching, and 12-week online course. The statewide partners are in discussion on sharing cost to provide this activity.

III. Network Objectives

- Facilitate Best Practice Sharing
- Engage in Rural Advocacy
- Enhance Professional Development
- Highlight Workforce Development Initiatives & Resources
- Optimize Technology Utilization
- Develop and Manage the ND CAH Quality Network

IV. Other

- 2020 Dakota Conference on Rural & Public Health will be June 3-5, 2020, in Grand Forks. For those interested in presenting, the abstract submissions deadline is October 15, 2019. <https://ruralhealth.und.edu/dakota-conference/call-for-oral-presentations>
- Save the Dates for the 2020 Network Annual Conference which will include both CAH and RHC content and sessions. April 29, 2020 in Fargo ND. There will again be a Palliative Care session, 4/28/2020, the day before the Network Annual Conference.

V. Adjourn

VI. 2019 Network Meetings (All by conference call)

- **December 18** 10am-12pm CST – **JOINT Executive & Stakeholder Committee**