

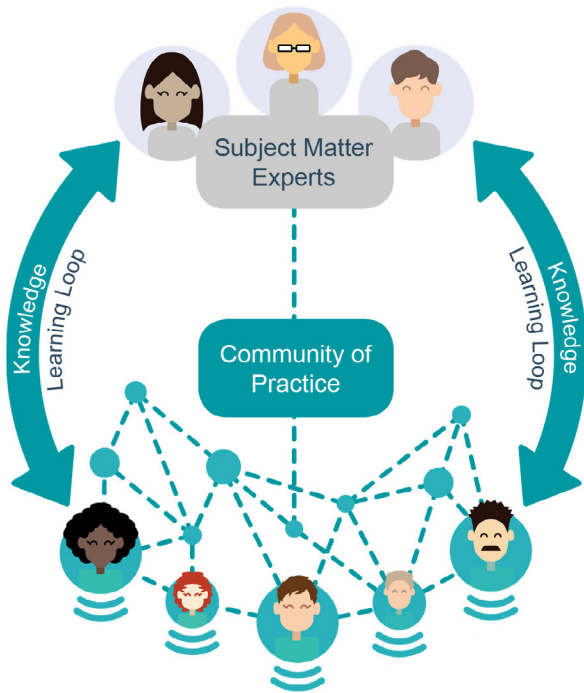
# North Dakota Pediatric Mental Health TeleECHO



Pediatric Mental Health

Center for Rural Health  
University of North Dakota

**All clinics run from 12:00 pm - 1:00 pm Central**



**Register for the Mental Health  
Screening in Pediatric Primary Care  
teleECHO clinic**

[https://ruralhealth.und.edu/projects/  
project-echo/topics/pediatric-mental-  
health/upcoming-clinics](https://ruralhealth.und.edu/projects/project-echo/topics/pediatric-mental-health/upcoming-clinics)

**Are you ready to  
join ECHO?**

To join the ECHO updates  
mailing list, email:

[nicole.crouch@UND.edu](mailto:nicole.crouch@UND.edu)

Many communities in North Dakota do not have access to mental healthcare specialty services that could benefit them. Access to mental healthcare improves the quality of life for patients and residents across North Dakota.

The goal of this TeleECHO is to improve access to care for pediatric patients with mental health conditions in rural and underserved communities throughout North Dakota. The focus of this program is to build and strengthen capacity of best practice care among primary care and other providers supporting patients with these disorders.

**Learn about best practices and evidence-based care for patients with complex medical conditions through didactic and case presentations. Participants will be able to:**

- Provide comprehensive, integrated and responsive mental health services in community-based settings for early recognition and evidence-based management of childhood mental disorders
- Formulate and implement acceptable treatment modalities according to evidence-based guidelines
- Acquire new skills, competencies and best practices in pediatric mental healthcare

### **Upcoming Clinics:**

**February 7** – Steps from Screening to Treatment

**February 21** – Engagement Strategies – A Transdiagnostic Approach to Treatment Part 1

**March 6** – Engagement Strategies – A Transdiagnostic Approach to Treatment Part 2

**March 20** – Motivational Interviewing

**April 3** – Pharmacological Approaches

**April 17** – First Episode of Psychosis

**May 1** – Depression

**For more information on Project ECHO in North Dakota,  
please visit [www.ndecho.com](http://www.ndecho.com)**