



St. Andrew's Health Center

SMP Health System

2017 Community Health

Implementation Plan



Bottineau County

North Dakota

St. Andrew's Health Center, Bottineau County Economic Development Corporation, Bottineau Public Schools, Dakota College at Bottineau, Bottineau Area Christian Ministerial Association, Bottineau County Social Services, First District Health Unit – Bottineau County, Family Crisis Center and Metigoshe Lions Club

2017
Implementation Plan for the CHNA
Adopted on February 21, 2017

Executive Summary

Introduction

This report provides a summary of the Community Health Needs Assessment (CHNA) and Implementation Planning activities recently completed. A cross section of many local organizations came together and participated in this CHNA Implementation planning process: St. Andrew’s Health Center (Critical Access Hospital), Bottineau County Economic Development Corporation, Bottineau Public Schools, Dakota College at Bottineau, Bottineau Area Christian Ministerial Association, Bottineau County Social Services, First District Health Unit – Bottineau County, Family Crisis Center and the Metigoshe Lions Club. Each of these organizations plays a critical and distinct role in the community needs of the Bottineau area.

The CHNA was finalized on September 20, 2016 by the St. Andrew’s Health Center Board of Directors in order to outline areas of community health needs for the Bottineau area. The purpose of conducting the needs assessment is to describe the health of local people, identify areas for health improvement, identify use of local healthcare services, determine factors that contribute to health issues, identify and prioritize community needs, and help healthcare leaders identify potential action to address the community’s health needs. A survey was distributed to gather feedback from the community. The survey was designed to be an additional tool for collecting qualitative data from the community at large – specifically, information related to community-perceived health needs. The information gathered was summarized and reported to St. Andrew’s which distributed the information to community members and also made the report available on their website. A summary of the Implementation Plan that describes how the organizations plan to meet the prioritized needs identified in the CHNA has been developed, and will be used to measure and report progress on the actions taken to address the identified needs within the Bottineau community.

Participants

The following were the participants in the Implementation Plan process:

St. Andrew's Health Center (SAHC) – St. Andrew's is currently licensed as a 25 bed, Level V Trauma, Critical Access Hospital, with a Rural Health Clinic and an attached 14 unit Apartment facility.

Bottineau County Economic Development Corporation (EDC) – The Bottineau County Economic Development Corporation is intended to provide financing incentives to business and recreational activities that desire to expand or locate in the greater Bottineau trade area.

Bottineau Public Schools – The mission of Bottineau Public Schools is to provide students opportunities to develop their potential intellectually, socially and physically as they prepare to meet the challenges of a diverse global society.

Dakota College at Bottineau –Dakota College at Bottineau is one of the eleven campuses in the North Dakota University System and offers 33 career/technical programs or options leading to certificates of completion, diplomas, or AAS degrees. The 35-acre campus of Dakota College at Bottineau is located on the northern edge of the city of Bottineau.

Bottineau Area Christian Ministerial Association – A collective group of Pastors that meet monthly and work for the overall good of the parishes and communities which they serve.

Bottineau County Social Services – A major agent of county government responsible for the provision of economic and social services to identified vulnerable children, adolescents, adults, elderly and families. The services provided help those persons help themselves maintain or enhance their quality of life.

First District Health Unit – Bottineau County –The mission of public health is to make a positive impact on the health and welfare of the community through service, education, prevention, and collaborative activities.

Family Crisis Center– A non-profit organization that empowers victims of domestic violence and sexual assault by providing a full range of services.

Metigoshe Lions Club – Empower volunteers in the Bottineau area to serve their communities, meet humanitarian needs, encourage peace and promote international understanding through Lions clubs.

These entities will continue to work together to provide for the health needs of area residents. The local providers will continue to meet on a regular basis to communicate progress towards individual organizational goals and also to communicate on the collective process in meeting the community health needs. SAHC has worked collaboratively with the above entities to develop the strategic implementation plan priorities and goals. This planning document is dedicated to the local health plan that St. Andrew's Health Center will use in partnership with

St. Andrew's Health Center

Our Mission

“St. Andrew's Health Center, in union with the Sisters of Mary of the Presentation, works for the glory of God by bringing the Word and Healing of Jesus Christ to all, with a special concern for the poor and elderly. Through the shared ministry with the laity, St. Andrew's Health Center participates in the health care mission in the work of healing which is the work of God. Our individual inspiration is Jesus and His Gospel message. Permeated with the Charism of the Sisters of Mary of the Presentation, we minister to one another and to all who come to us for care.”

St. Andrew's Health Center has been a part of the community since 1913; our mission is to provide services to all who come to us for care; this is something that we are very proud of. Our ability to better the lives of those most in need is the core of our beliefs and knowing that we can make a difference in the lives of those we serve. In addition, we believe that through our leadership and presence in the community we have been and will continue to be an essential part of the healthcare delivery team.

The organizations have collaborated and developed an Implementation Plan, using information from the Community Health Needs Assessment, from lessons learned through collaborative meetings, and from community surveys. The Implementation Plan will address the priorities identified in the Community Health Needs Assessment by establishing goals, objectives and initiatives to improve the healthcare provided in the area and improve the health of communities that are served. The leader and team

associated with the various initiatives will develop action steps and timelines, and will report the progress to the CEO. The CEO and Board of Directors of SAHC will monitor progress and provide reports to the community.

Through this process, goals have been established to address the identified health needs. Objectives and Action steps have been developed to address these goals. The goals and related priorities addressed follow below.

Community Health Strategic Implementation Plan

Tier 1: SAHC Leadership

Identified Need: Availability of Behavioral Health					
Goal: Increase Awareness of, and Access to, Behavioral Services					
Objective: Develop a Collaborative Approach to Behavioral Health Availability					
Resources	Activities/Action Step	Outputs	Outcome	Timeline	Lead
<ul style="list-style-type: none"> • St. Andrew’s Health Center • Bottineau County Social Services • Bottineau High School • Sherriff’s Department • Ministerial Association • Dakota College at Bottineau 	<ul style="list-style-type: none"> • Awareness of Rural Mental Health Consortium 	<ul style="list-style-type: none"> • # of patient visits 	<ul style="list-style-type: none"> • expand awareness of RMHC 	June 2018	<ul style="list-style-type: none"> • St. Andrew’s Health Center • Bottineau High School • Dakota College at Bottineau
	<ul style="list-style-type: none"> • Provide Educational Opportunities to School Districts and the Community 	<ul style="list-style-type: none"> • # of days that RMHC is available • Community education opportunities 	<ul style="list-style-type: none"> • Expansion of locally available services • ↓alcohol/opioid abuse • ↑collaboration and awareness 	June 2018	
	<ul style="list-style-type: none"> • Depression Screening During Hospital Week 	<ul style="list-style-type: none"> • # of screenings 	<ul style="list-style-type: none"> • ↑awareness depression signs and symptoms 	June 2017	

Tier 2: Community Leadership with SAHC Assistance

Identified Need: Availability of Resources to Help the Elderly Stay in Their Homes					
Goal: Gather resources available in our communities.					
Objective: Make available a document outlining available opportunities.					
Resources	Activities/Action Step	Outputs	Outcome	Timeline	Lead
<ul style="list-style-type: none"> • Bottineau County Social Services • St. Andrew's Health Center • Public Health • Good Samaritan Society – Bottineau • Ministerial Association • Independence Incorporated- Bottineau • Minot Aging Services • Bottineau Senior Citizen Center 	<ul style="list-style-type: none"> • Survey to gauge awareness of programs available to help elderly stay in their home • Explore in-home respite care • Explore Home Health Expansion (St. John based) 	<ul style="list-style-type: none"> • % awareness of each service available 	<ul style="list-style-type: none"> • Lesser known programs will be advertised more 	June 2017	<ul style="list-style-type: none"> • Bottineau County Social Services • St. Andrew's Health Center • Public Health

Identified Need: Health and Wellness					
Goal: Increase Awareness of Health and Wellness Opportunities					
Objective: Become a better health and wellness educated community					
Resources	Activities/Action Step	Outputs	Outcome	Timeline	Lead
<ul style="list-style-type: none"> • Public Health • St. Andrew's Health Center • Bottineau Senior Citizen Center • Ministerial Association • Dakota College Bottineau • Bottineau High School • PTO 	<ul style="list-style-type: none"> • Survey to measure awareness of existing opportunities 	<ul style="list-style-type: none"> • measurements for awareness of each opportunity 	<ul style="list-style-type: none"> • expand awareness 	September 2017	<ul style="list-style-type: none"> • Public Health • St. Andrew's Health Center
	<ul style="list-style-type: none"> • Public Education Outreach 	<ul style="list-style-type: none"> • Utilize monthly published Community Health Education Sheets 	<ul style="list-style-type: none"> • Increase health and wellness education and understanding 		
	<ul style="list-style-type: none"> • Educate community members about wellness programs 	<ul style="list-style-type: none"> • Increase awareness of Well Child Checks within the Area Public School Systems 	<ul style="list-style-type: none"> • Increase usage of Well Child Checks 		
	<ul style="list-style-type: none"> • Increase usage of alternate exercise opportunities 	<ul style="list-style-type: none"> • Educate public about activities available to those unable to do conventional exercise activities 	<ul style="list-style-type: none"> • Increase in programs like "sit and be fit" 		

Identified Need: Adequate Childcare Services					
Goal: Increase community options for childcare					
Objective: Engage and work with community stakeholders to combine resources that will address and increase options for childcare					
Resources	Activities/Action Step	Outputs	Outcome	Timeline	Lead
<ul style="list-style-type: none"> • Bottineau County Economic Development Corporation • Bottineau County Social Services • Lindsey Guss • Good Samaritan Society Bottineau • All businesses within the communities that have identified needs 	<ul style="list-style-type: none"> • Survey for businesses to complete in relation to employees childcare needs 	<ul style="list-style-type: none"> • # of families needing daycare • # of children needing daycare 	<ul style="list-style-type: none"> • Use survey data to explore ideas about childcare facilities 		<ul style="list-style-type: none"> • Bottineau County Economic Development Corporation • Bottineau County Social Services
	<ul style="list-style-type: none"> • Explore idea of utilizing senior citizens heavily involved with a child daycare 	<ul style="list-style-type: none"> • Gauge validity of having a daycare with senior citizen interaction 			

Tier 3: SAHC Unable to Address/Meet Needs

Identified Need: Attract and Retain Families					
Goal: Provide resources for new families to network within the community.					
Objective: Increase overall family community engagement.					
Resources	Activities/Action Step	Outputs	Outcome	Timeline	Lead
<ul style="list-style-type: none"> Bottineau County Economic Development Corporation 	<ul style="list-style-type: none"> Invoke relationship building opportunities 	<ul style="list-style-type: none"> Organize groups or events to help newer families participate and network 	<ul style="list-style-type: none"> # new groups / group names # of events 		<ul style="list-style-type: none"> Bottineau County Economic Development Corporation
	<ul style="list-style-type: none"> Retain young adults through economic means 	<ul style="list-style-type: none"> Develop internship programs for H.S. Students and Young Adults 	<ul style="list-style-type: none"> # internship programs developed 		