

Implementation Plan for Needs Identified in the Community Health Needs Assessment for FY 2016-2018

Covered Facilities: CHI St. Alexius Health Turtle Lake

Community Health Needs Assessment: A Community Health Needs Assessment (“CHNA”) was performed in Winter 2015/2016 in collaboration with the Center of Rural Health to determine the most pressing health needs of McLean and Sheridan counties.

Implementation Plan Goals: The CHI St. Alexius Health Turtle Lake Hospital Administration has determined that the following health needs identified in the CHNA should be addressed through the implementation strategy noted for each such need:

Specific Needs Identified in CHNA:

1. Goal: Ability to Recruit and Retain Primary Care Providers

- Ensure all community members, including the uninsured and working poor have access to Primary Care Providers in order to improve overall health maintenance and avoid costly trips to the emergency room . (page 44; ranking number 1)

- Key Objectives:
 - Retain the number of practicing primary care providers.
 - Actively recruit primary care providers to work in the rural setting .

- Implementation Strategies:
 - Maintain CHI St. Alexius Health Turtle Lake and the Washburn Family Clinic designations as National Health Service Core sites. This allows our primary care providers access to loan repayment on student loans along with a commitment of service.
 - Encourage Job Shadowing with medical provider students interested in rural health.
 - Attend Job Fairs as needed.
 - Monitor current staff job satisfaction.
 - Remain competitive in salary and benefits.
 - Offer continuing education opportunities to current staff.

Imagine better health.SM

2. Goal: Availability of resources to help elderly stay in their home-

- Increase the awareness of resources available in surrounding area to allow elderly patients to remain in their homes. (page 44; ranking number 3)
- Key Objectives:
 - Investigate existing resources available within the county that provide assistance to the elderly population.
 - Become an Advocate to our elderly population by making available information about availability of resources either within the county or our own hospital services.
- Implementation Strategies:
 - Work in partnership with CHI St. Alexius Health at Home for patients needing medical assistance at home.
 - Hold a Fall Prevention Program on a yearly basis for the public.
 - Provide information regarding Meals on Wheels, MedicAlert systems, Veteran Services and McLean or Sheridan County provided programs to elderly population.
 - Market the availability of Day Care and Respite services available at CHI St. Alexius Health Turtle Lake for Care-givers needing time away from elderly family.
 - Participate with Hospital Auxiliary during their public programs with guest speakers on issues involving the elderly.

3. Goal: Access to exercise and wellness activities their home-

- Increase the awareness of resources and programs available to the general public to improve the population overall general health. (page 44; ranking number 4)
- Key Objectives:
 - Work with supporting Hospital Boards to provide increase activities that encourage wellness activities.
 - Work with Hospital Department Heads and Staff to provide oppottunities for increased wellness and exercise opportunities
- Implementation Strategies:
 - Make Health Fairs an annual event in conjunction with the Dakota Feeder Calf Show (An annual event that brings surrounding community residents into area)
 - Offer yearly Wellness Challenges for the general public to participate in and provide educational opportunities in areas of nutrition, exercise, etc.. during challenge.
 - Offer Adult Fitness program and make available exercise equipment to the general public for use.



Imagine better health.SM

Other Needs Identified in the CHNA but Not Addressed in this Plan – Each of the health needs listed below is important and is being addressed by numerous programs and initiatives operated by the Hospital, other organizations within the Hospital system, and other community partners of the Hospital. However, the Hospital will not address the following health needs identified in the CHNA as part of this Implementation Plan.

Cost of Health Insurance (page 44; ranking number 2)

Although we are unable to directly control the cost of health insurance, we can encourage the public to instill healthy lifestyles habits that may, in the long run lower insurance costs. We also refer individuals looking for information on health insurance based on income to the FQHC, Northland Community Healthcare Center that employs a Community Outreach person who assists with applying for insurance.

Jobs with livable wage (page 44; ranking number 5)

Our facility currently publishes available jobs in the county papers and post on facebook page any job opportunities we have available here at CHI St. Alexius Health Turtle Lake. Our staff every year awards three \$500.00 scholarship to college students pursuing careers in a health care field.