

# Project ECHO Geriatric and Age-Friendly teleECHO

## [North Dakota Community Clinical Collaborative](#)

NDC<sub>3</sub> delivers programs to help individuals manage chronic health conditions, prevent falls, and foster well-being. If you are coping with high blood pressure, heart disease, COPD, arthritis, diabetes or other chronic conditions, NDC<sub>3</sub> can support your efforts to live life as fully and independently as possible.

## [Deprescribing.org](#)

The purpose of this website is to share and exchange information about deprescribing approaches and deprescribing research with the public, health care providers and researchers.

## [The Stepping On Program](#)

The Stepping On program is an evidence-based program that is effective and proven to reduce falls in older people living in the community. The program incorporates strategies to implement positive lifestyle changes to keep you independent, upright and active.