

November 19, 2020

#powerofrural

# National Rural Health Day

*Celebrating the Power of Rural!*



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IT'S NOT JUST A DAY, IT'S A MOVEMENT.

November 19 • 12:00 - 1:00 pm Central

<https://und.zoom.us/j/94663428350>

(pre-registration is not required)

## COVID-19 in North Dakota: Mental Health and Public Health

This webinar will look at the effect the pandemic has had on mental health and public health in North Dakota and the resources available.



### Meeting Rural Mental Health Needs during the Pandemic

***Presented by: Shawnda Schroeder, PhD, Center for Rural Health***

Prior to the global health pandemic, rural communities struggled to gain access to, and utilize, mental health care services. In the midst of the pandemic the needs for mental health services have increased with new barriers to care including heightened demand for providers, fewer providers available, and issues related to broadband access. Recognizing these challenges, the Behavioral Health Bridge and the Mountain Plains Mental Health Technology Transfer Center have both responded by providing free access to resources, training, and best practices to address mental health for persons living in rural communities.



### Challenges and Lessons Learned during COVID-19 for Local Public Health in North Dakota

***Presented by: Theresa Will, RN, BSN, City-County Health District***

This presentation will identify the gaps and challenges public health units have discovered during the COVID-19 outbreak as well as discuss the value of local partnership. Participants will gain an understanding of the pandemic activities and challenges noted through a local public health lens.

