



Oral Health in Primary Care  
 Center for Rural Health  
 University of North Dakota



## Providing Oral Health Care for Adults Who Are Covered by Medicaid or Uninsured

June 24, 20201

Jodi Hulm, BS  
 Medicaid Administrator North  
 Dakota Department of Human  
 Services Medical Services Division  
 jmhulm@nd.gov

Maria "Duffy" Meyer, DDS  
 High Plains Dental P.C.  
 Dickinson, ND  
 duffymeyer@highplainsdentalpc.com



University of North Dakota  
 School of Medicine & Health Sciences



## Housekeeping Items

- All attendees are muted and attendees cannot share video during this session.
- Remember to ask questions using the chat box.
- Slides and resources for today's session can be accessed on our [program website](#).
- Continuing education credits are available for today's session. To receive a certificate for continuing education, you must complete the evaluation.
- We have made every attempt to make today's presentation secure. If we need to end today's presentation unexpectedly we will follow-up with you using your registration information.

---

# Land Acknowledgement Statement

[UND Land Acknowledgement Statement](#): Today, the University of North Dakota rests on the ancestral lands of the Pembina and Red Lake Bands of Ojibwe and the Dakota Oyate - presently existing as composite parts of the Red Lake, Turtle Mountain, White Earth Bands, and the Dakota Tribes of Minnesota and North Dakota. We acknowledge the people who resided here for generations and recognize that the spirit of the Ojibwe and Oyate people permeates this land. As a university community, we will continue to build upon our relations with the First Nations of the State of North Dakota - the Mandan, Hidatsa, and Arikara Nation, Sisseton-Wahpeton Oyate Nation, Spirit Lake Nation, Standing Rock Sioux Tribe, and Turtle Mountain Band of Chippewa Indians.

3

---

## Objectives for Today

- Describe common dental concerns that may present among adults who are covered by Medicaid, uninsured, and/or low-income.
- Describe what is and is not covered for dental care provision in dental and clinic settings among individuals covered by Medicaid.
- Discuss, in practice, how to care for one's teeth in adulthood and how to work with patients who may not be able to afford the recommended dental treatment.



4

---

## North Dakota Department of Human Services



### **Our mission...**

to provide quality, efficient human services, which improve the lives of people.



5

---

---

## North Dakota Medicaid

### **OUR VALUES:**



### **We help...**

our members receive safe, appropriate, quality care in a timely manner.



### **We communicate...**

by listening, sharing information, and seeking feedback.



### **We partner...**

with stakeholders, other state agencies, and tribes to achieve shared goals.



### **We oversee...**

Medicaid to ensure integrity, efficiency, and stewardship of public resources.

6

---

In the United States...

Medicaid covers **43%** of all births



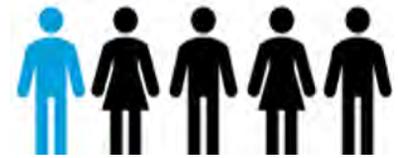
Medicaid covers **45%** of adults with disabilities



**4 in 10** Medicaid enrollees are Children



Medicaid covers **6 in 10** nursing home residents



Medicaid covers **1 in 5** Americans

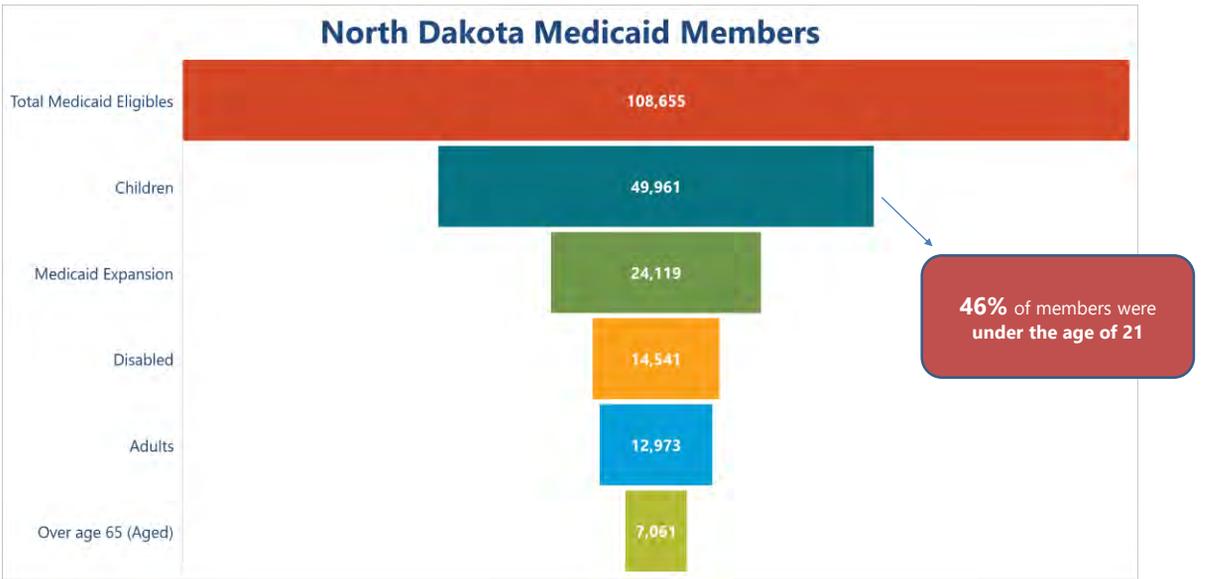


Medicaid and Medicaid Expansion covers low-income families and nonelderly adults with income up to **138% FPL**

\*Data retrieved from Kaiser Family Foundation (2019) 10 Things to Know about Medicaid: Setting the Facts Straight and MACPAC (2020) Factsheet Medicaid's Role in Financing Maternity Care



### North Dakota Medicaid Members



\* Data from December 2020 Quarterly Budget Insight Report

# Key Benefits

**Medicaid Budget**  
**(19-2021):**  
 \$11,715,472

**Adults (Ages 21-over):**

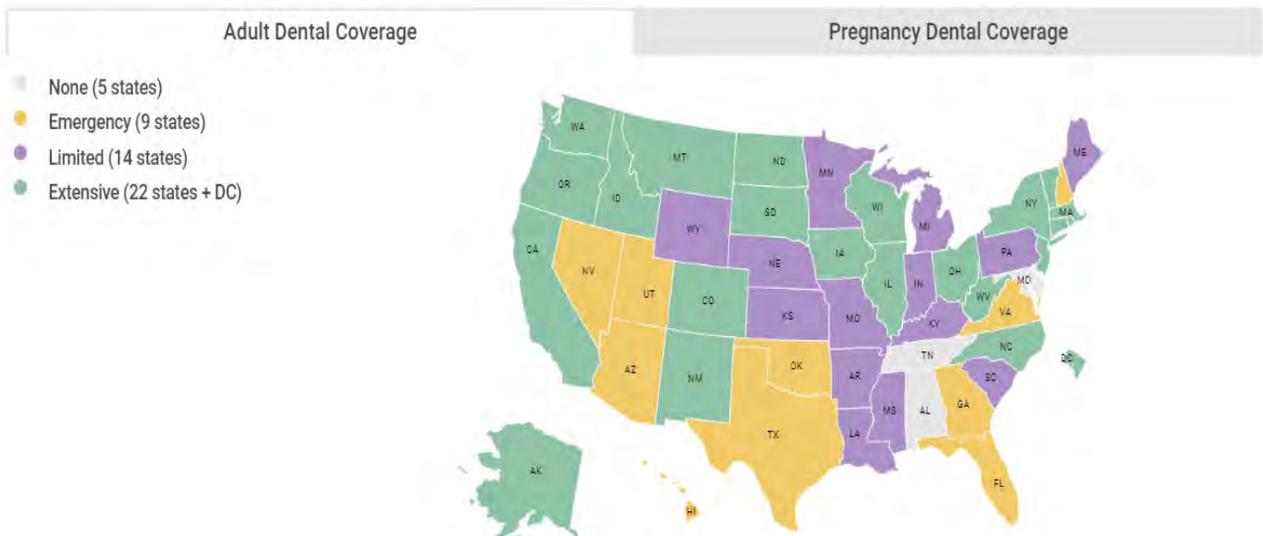
- One Exam per year
- One prophylaxis (cleaning) per year
- Extractions
- Dentures
- Radiographs
- amalgams

**Development Disability:**

- Providers may receive extra payment due to the amount of time it takes to treat
- Also, may be eligible for additional services (service authorization required)

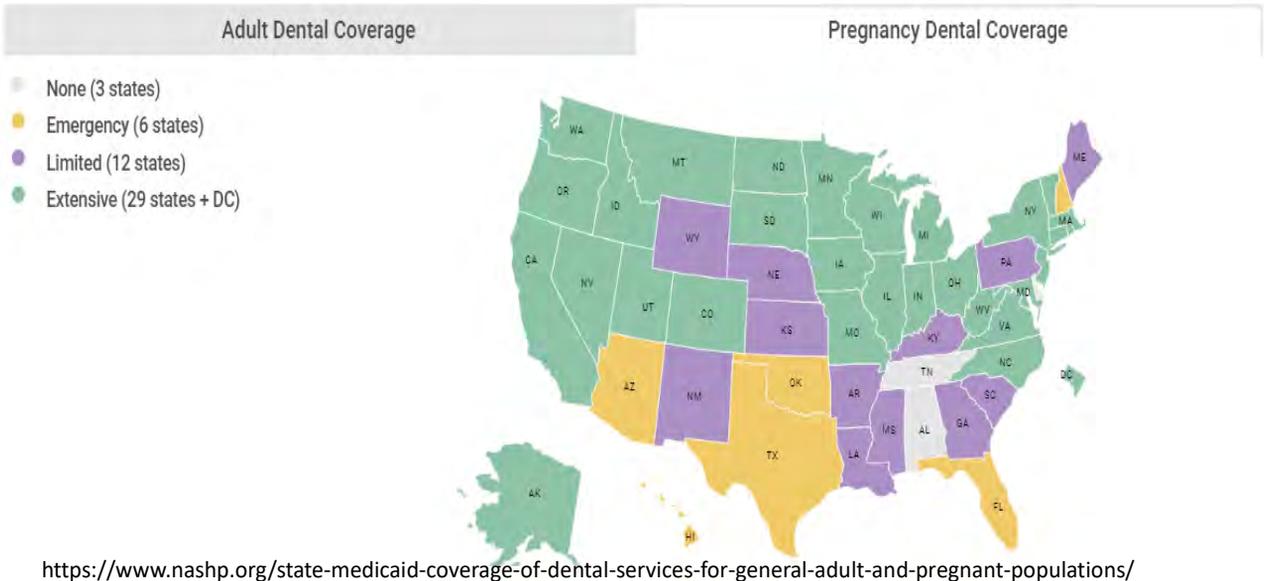


## Adult Dental Coverage

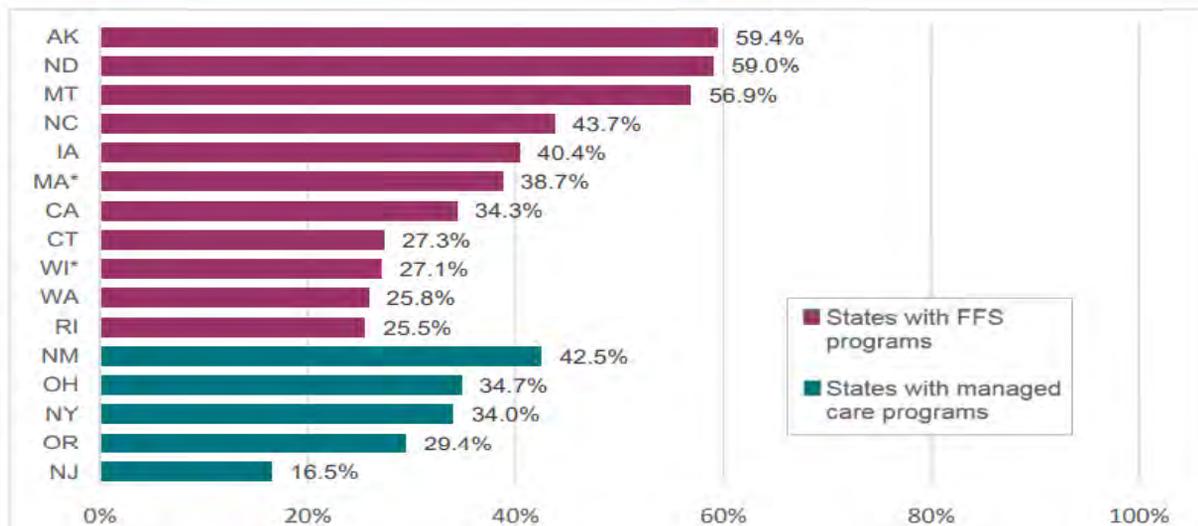


<https://www.nashp.org/state-medicare-coverage-of-dental-services-for-general-adult-and-pregnant-populations/>

## Pregnancy Dental Coverage



## Medicaid Fee for service reimbursement as a Percentage of Fees charged by dentist, Adult, 2016\* ADA



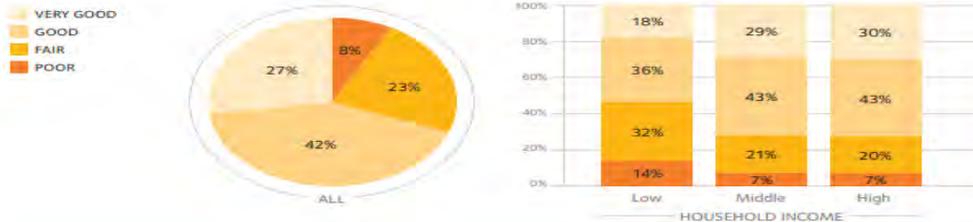
[http://www.ada.org/~media/ADA/Science%20and%20Research/HPI/Files/HPIBrief\\_0417\\_1.pdf](http://www.ada.org/~media/ADA/Science%20and%20Research/HPI/Files/HPIBrief_0417_1.pdf)

## Oral Health and Well-Being in North Dakota

### How do adults in North Dakota view their oral health?

This fact sheet summarizes select data on self-reported oral health status, attitudes and dental care utilization among North Dakota adults as of 2015, by income level, based on an innovative household survey. For methods and sources, visit [ADA.org/statefacts](http://ADA.org/statefacts). For more information on the ADA Health Policy Institute, visit [ADA.org/HPI](http://ADA.org/HPI).

### Overall Condition of Mouth and Teeth



<https://www.ada.org/~media/ADA/Science%20and%20Research/HPI/OralHealthWell-Being-StateFacts/North-Dakota-Oral-Health-Well-Being.pdf>

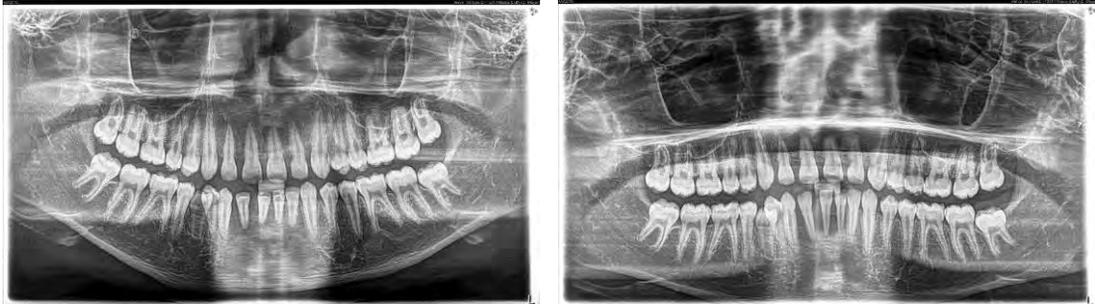
## Dental and Medical Providers Encouraging Care

- At sports physicals encourage mouth guards (Medicaid does not cover)
- Encourage OB patients to see a dentist in their first trimester if not current in dental care.
  - Dental problems have been connected to low birth weight babies, infection, and preterm labor.
- At child well checks encourage dental visits
  - six months after the first tooth erupts or by age one
  - Encourage fluoride
- If a patient is referred by a dentist – evaluate their concern
  - High blood pressure
  - Prophylactic antibiotic questions
  - Clearance for dental care
    - Pregnant, heart problems, joint replacement



---

16 year old Male – thought he was getting in a wisdom tooth



---

## History

- English is difficult for patient and his mother only speaks an African tribal language and French
  - They are not sure if they have Medicaid or not, but know that they do not have any other insurance
  - He is embarrassed by his teeth as they do not look like his peers, but has not sought treatment for several months as he did not know where to go or if they could afford care – his teacher called our office to see him.
-

---

Initial presentation of patient





19



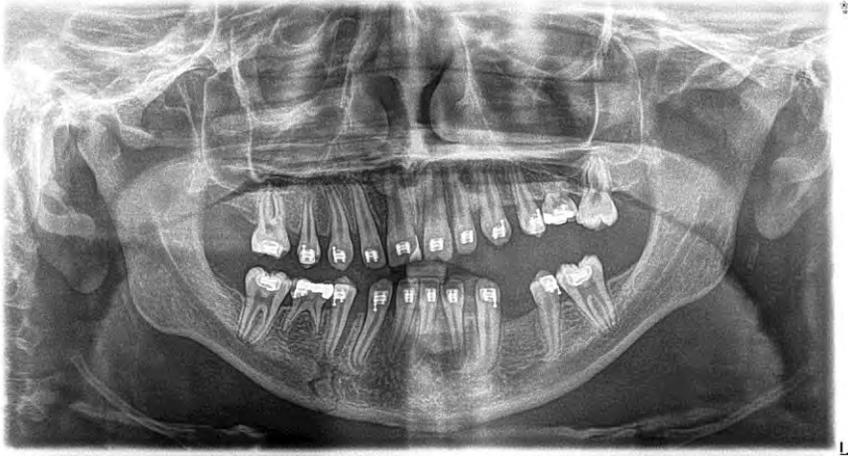
20



21

- Patient had to have 8 permanent teeth removed along with Langerhans Cell Histiocytosis tumor.
  - Patient worked with dentist, oral surgeon, and ENT
- Long term follow up is limited as patient moved out of state
- How could we have worked with a medical professional to establish a health care home for him

22



23

- Pt went swimming with his Mom and fell. Mom didn't want to leave the pool until it closed so patient was at pool for 3 hours prior to going to the ER.
- Pt went to the ER and was told he was OK, but should see his dentist as something was wrong with his tooth.
- Presented to our office the next day with a severely displaced tooth and fracture of the lower right mandibular parasymphysis.
  - Pt was with his Mom and his social worker.
  - Pt was in foster care (on a home visit) and was in braces, but has not seen the orthodontist in over one year – brackets present, but no wire.

24

- 
- Tried to send patient to an oral surgeon, but they thought they would need an OR and could not get surgery time so recommended that we send him to the ER in Bismarck.
  - Sent patient to Bismarck to ER. Doctor decided to give it some time and injury healed on its own.
  - How do we manage kids in foster homes better?



25

---

## Barriers to Care

- Lack of knowledge of patients and providers
    - Medicaid Expansion – doesn't cover dental over age 21
  - Offices not accepting patients
    - General and specialty offices
  - No shows, lack of follow through (transient population/changing cell phone numbers/foster care homes change)
  - Only accepting Medicaid patients from their city or a limited radius around their city<sup>26</sup>
-



Oral Health in Primary Care  
 Center for Rural Health  
 University of North Dakota



# Thank you!

Time for Questions & Answers



Oral Health in Primary Care  
 Center for Rural Health  
 University of North Dakota



## Upcoming Clinics

### Preventing Use of Non-Dental Facilities for Dental Care in North Dakota

July 8, 2021

1:00 – 2:00 pm, Central

REGISTER HERE:

<https://echo.zoom.us/meeting/register/tJwkc-mqrD8qHNJq-MoQhPBPexmVeWlhsiEk>

### Implementing Medical – Dental Integration in North Dakota

July 22, 2021

12:00 – 1:00 pm, Central

REGISTER HERE:

<https://echo.zoom.us/meeting/register/tJwkcGrrj8pHd0fMUrbgKJHIMmkMaefBMVW>

# CONTACT INFORMATION



## Julie Reiten

Project ECHO Coordinator  
Center for Rural Health  
[Julie.a.reiten@UND.edu](mailto:Julie.a.reiten@UND.edu)



*Oral Health in Primary Care*  
**Center for Rural Health**  
**University of North Dakota**

## Jodi Hulm, BS

Medicaid Administrator North  
Dakota Department of Human  
Services Medical Services Division  
[jmhulm@nd.gov](mailto:jmhulm@nd.gov)

## Maria “Duffy” Meyer, DDS

High Plains Dental P.C.  
Dickinson, ND  
[duffymeyer@highplainsdentalpc.com](mailto:duffymeyer@highplainsdentalpc.com)



*Center for Rural Health*  
University of North Dakota  
School of Medicine & Health Sciences

