

37<sup>th</sup> Annual

# Dakota Conference

on Rural and Public Health



***Providing Quality Education for  
Rural and Public Health Professionals***

**June 8 – 10, 2022**

Alerus Conference Center  
Grand Forks, North Dakota

***Facilitated by***

Center for Rural Health at the University of North Dakota (UND) School  
of Medicine & Health Sciences (SMHS)

***Supported by***

Altru Health System  
Center for Rural Health, UND SMHS  
College of Nursing and Professional Disciplines, UND  
North Dakota Public Health Association  
North Dakota Rural Health Association



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# Planning Committee

## Altru Health System

**Reed Reyman**, Executive Vice President, Regional Development

## Center for Rural Health, University of North Dakota School of Medicine & Health Sciences

**Kylie Nissen**, BBA, CHA, Program Director  
**Brittany Dryburgh**, MPH, Project Coordinator  
**Jena Pierce**, BA, Communications Manager

## College of Nursing and Professional Disciplines, University of North Dakota

**Tracy Evanson**, PhD, RN, PHNA-BC, Director, PhD Program in Nursing and Assessment Coordinator, MATTC for Behavioral Research

## North Dakota Public Health Association

**Joni Tweeten**, MS, RN, PHNA-BC, Clinical Assistant Professor, UND College of Nursing and Professional Disciplines

## North Dakota Rural Health Association

**Pete Antonson**, CEO, Northwood Deaconess Health Center  
**Brittany Ness**, COVID Coordinator/School Nurse, Northwood Health Deaconess Health Center

## Office of Continuing Medical Education, University of North Dakota School of Medicine & Health Sciences

**Mary Johnson**, BA, Assistant and Program Coordinator

## Goals

1. Provide continuing education to health and human service administrators, managers, researchers, and clinical providers in the areas of:
  - Healthcare administration,
  - Health promotion/disease prevention,
  - Environmental health/occupational health, and
  - Diverse populations/health disparities.
2. Create an environment of learning that is informative and educational to an interdisciplinary and multidisciplinary audience of health and human service professionals.

3. Provide conference participants with the opportunity to formally present community-based solutions to common rural and public health issues.
4. Provide conference participants with the opportunity to informally network with others, to share skills and strategies that address access, financial, and quality-of-care issues found in rural and public health.
5. Foster an environment that is conducive to collaboration between different organizations, health and human service disciplines, and communities.

## Objectives

Upon completion of this conference, participants will be able to describe strategies meant to address access, financial, and quality-of-care issues found in rural and public health, define solutions to improving health, and develop skills that will be taken to the participants' communities and implemented in their healthcare practices.

## Continuing Education

The following professions have approved continuing education credit for the 2022 Dakota Conference on Rural and Public Health.

**Nursing Home Administration** – This program has been approved by the North Dakota Hospital Association for continuing education hours for the Long-Term Care Administrator Board/National Continuing Education Review Service (NAB/NCERS).

### American College of Healthcare Executives (ACHE)

– By attending the Dakota Conference on Rural and Public Health, offered by the Center for Rural Health, participants may earn up to 12.0 ACHE Qualified Education Hours toward initial certification or recertification of the Fellow of the American College of Healthcare Executives (FACHE) designation.

**Social Work** – The University of North Dakota Center for Rural Health has been issued NDBSWE approval (program number 042622-01) to provide social work continuing education. This conference will provide 12.0 contact hours, including 1.0 ethics hour.

**Dietetics** – This program (169851) has approved for 12.0 CPEU hours, 2.5 exhibit, and 0.75 poster continuing education contact hours for Registered Dietitians (RDs) and Dietitian Technicians Registered (DTRs) through the Commission on Dietitian Registration, the credentialing agency for the Academy of Nutrition and Dietetics.

**Emergency Medical Services** – This program has approved for 7.25 hours of Local Requirement (LCCR) and 13.25 hours of Individual Requirements (ICCR). This event is not eligible for grant reimbursement to EMS agencies.

**Pharmacy** – Continuing Pharmacy Education credits may be earned for this conference by contacting the North Dakota State University College of Pharmacy. The College of Pharmacy, North Dakota State University, is approved by the Accreditation Council for Pharmacy Education as a provider of Continuing Education.

## **Nurses, Nurse Practitioners, Physicians, Physician Assistants, Fluoroscopy, Physical Therapists, Physical Therapy Assistants, Occupational Therapists, Occupational Therapy Assistants**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of North Dakota School of Medicine & Health Sciences (UND SMHS) and the Center for Rural Health, UND College of Nursing and Professional Disciplines, North Dakota Rural Health Association, North Dakota Public Health Association, Altru Health System. The UND SMHS is accredited by the ACCME to provide continuing medical education for physicians.

The UND SMHS designates this Live activity for a maximum of *12.0 AMA PRA Category 1 credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Accessing Your CME Certificate/Transcript** – Transcripts for this program will be available once the UND SMHS CME office has received and entered the completed post-program paperwork. You can access your transcripts (certificates) from UND SMHS CME online. Go to the CME Attendee Portal, and use the email address you provided in your registration to set up or access your account. The portal address is <https://tinyurl.com/CMEsite>. If you have difficulty signing on, contact Mary Johnson at (701) 777-3201 or Nancy Hostetter at (701) 751-9572.

**Non-CME Disciplines/Participant Certificates** – The Center for Rural Health will send out your certificate following the conference.

## **Using the Conference App - Guidebook**

Guidebook is an interactive app that allows us to easily share up-to-date event information and materials with you on your mobile device.

Review the conference agenda, create your own schedule, complete pre/posttests and evaluations, look up speakers, learn more about our sponsors, and network with fellow attendees.

### **Downloading the App**

Scan the QR Code to the right or get our guide here: [tinyurl.com/dakconf22app](https://tinyurl.com/dakconf22app)

Download the free Guidebook app via the App Store or Google Play. After Guidebook is done downloading, click “Have a passphrase?” and enter **dakconf2022** to download our guide.

To view the app tutorial on how to use the app, visit <https://tinyurl.com/22DCApp>



# Housekeeping Items

**Denim Day** – Conference attendees are asked to participate in Denim Day by wearing jeans on Friday, June 10 and donating to Journey Home Animal Rescue. Donations may be made at the registration desk.

Journey Home Animal Rescue, based in Grand Forks, North Dakota was founded in 2018. A group of dedicated animal advocates recognized the need for a foster based rescue in the area.

They accept strays and owner surrenders from North Dakota, Minnesota, South Dakota, and occasionally outside areas. All animals are placed in foster homes while they receive medical care and learn to be a beloved family member until they are ready to start their new journey in their forever home. Since there are so many animals in need, they also work with other rescues to get animals to safety. North Dakota is overflowing with animals that desperately need our help. They transport 100s of animals a year to partnering rescues in Minnesota, North Dakota, and Wisconsin. Their foundation is built on a passion for helping animals and working together to make a better future for all.

**Door Prizes** – Each participant is automatically registered for the door prizes that are announced prior to the keynotes and at the banquet; other door prizes require you to visit and sign up at the exhibitor’s booth. Drawings will be held in the Aurora Ballroom 5 before all keynote sessions and at the Thursday evening Awards Banquet. Participants must be present to win.

**Handouts** – All presentation handouts may be found at <https://ruralhealth.und.edu/dakota-conference/presentations-2022> or by scanning the QR code.



**Pretests and Evaluation/Posttests** – Everyone is asked to complete a pretest prior to each presentation attended and evaluation/posttest following each presentation attended. You can do this on the app! Go to “Agenda,” select the presentation, and click on the links.

**Cell Phones** – Silence your cell phone during all sessions. If you need to take a call, please wait until you are outside of the room to answer.

**Conference Attire** – Business casual attire is appropriate for all sessions. Participants are encouraged to dress in layers, because room temperatures are not within our control.

**Lactation Room** – A Lactation Suite is available for nursing/pumping mothers. It is located in Meeting Room 11. Please ask the Dakota Conference registration desk staff for directions if you need assistance.

**Session Changes** – Any changes to sessions will be posted on the daily sign of events near the registration desk, made available on the Dakota Conference Guidebook app on your tablet or smart phone, and announced before keynote presentations.

**Alerus Conference Center** – Thank you to the Alerus Conference Center for your hospitality and professional support for the 2022 Dakota Conference on Rural and Public Health.

**Join Us on Social Media!** – Follow the 37th Annual Dakota Conference on Facebook and Snapchat. Stop by the photo booth and tag your photos and social media posts using [#DakotaConference](#).



Facebook: [Dakota Conference on Rural and Public Health](#)  
Snapchat: [dakconference](#)

We encourage you to capture and share photos and short video clips no longer than 30 seconds during this event. However, we ask that you refrain from recording or live streaming full presentations.

## Menu

### Wednesday

- Lunch Buffet: turkey with gravy, spring mix salad, pasta salad, steamed vegetable medley, summer fresh pasta salad, fruit pie
- Welcome Reception: Vegetable crudités, hummus with pita chips, fresh fruit display with dip, artichoke and olive bruschetta, barbeque meatballs, baked brie, bacon pineapple fingers

### Thursday

- Breakfast: Yogurt parfaits, scrambled eggs with assorted toppings
- Lunch: Sandwich buffet, tomato basil soup, potato salad, spring salad, gourmet cookies
- Awards Banquet: Attendees choice of sirloin tips, chicken Marsala, or Moroccan vegetable couscous. Comes with spring mix salad and raspberry chocolate mousse. The chicken and tips include redskin mash potatoes and a roll.

### Friday

- Breakfast: Custom croissant bar

# KEYNOTE SPEAKERS



**Wednesday, 12:40 – 1:40 pm • Aurora Ballroom 5**

## **Historical Trauma in Health and Healthcare**

### **DON WARNE, MD, MPH**

*Associate Dean, Director, Indians into Medicine; Professor, Family & Community Medicine; Director, Public Health Program, UND School of Medicine & Health Sciences, Grand Forks*

Dr. Donald Warne is Oglala Lakota from Kyle, South Dakota, from the Pine Ridge Indian Reservation. He is a family physician and serves as associate dean for Diversity, Equity & Inclusion and chair of the Department of Indigenous Health at the University of North Dakota School of Medicine & Health Sciences in Grand Forks. Dr. Warne received his medical degree from Stanford University and his Master of Public Health degree from Harvard University.



**Thursday, 8:00 – 9:00 am • Aurora Ballroom 5**

## **Transformational Times for Public Health: Challenges, Opportunities, and the Reality of Change**

### **MIKE FRASER, PHD, MA, MS**

*Chief Executive Officer, Association of State and Territorial Health*

Dr. Michael Fraser serves as the Chief Executive Officer of the Association of State and Territorial Health Officials (ASTHO). ASTHO is the national nonprofit organization representing the public health agencies of the United States, the U.S. territories, and the District of Columbia, as well as the more than 100,000 public health professionals these agencies employ.

Michael is a dynamic leader in the health care and public health fields and brings to this position experience leading both public health associations and medical societies. Michael is an Affiliated Faculty in the Department of Global and Community Health and the Department of Health Administration and Policy at the George Mason University College of Health and Human Services. Prior to joining ASTHO, he served as the executive vice president and CEO of the Pennsylvania Medical Society in Harrisburg, PA. Michael has been a distinguished leader in public health for twenty years. He served as CEO of the Association of Maternal and Child Health Programs (AMCHP) from 2007 to 2013. Prior to joining AMCHP, he was the deputy executive director of the National Association of County and City Health Officials from 2002 to 2007 and served in several capacities at the U.S. Department of Health and Human Services, including positions at the Health Resources and Services Administration and the Centers for Disease Control and Prevention.

Michael received his doctorate and master's degrees in sociology from the University of Massachusetts at Amherst and a master's of science in management with a concentration on management, strategy and leadership from the Eli Broad School of Management at Michigan State University. He received his bachelor's in sociology from Oberlin College in 1991.





**Thursday, 1:00 – 2:00 pm • Aurora Ballroom 5**

**Ignite Passion: Attacking Employee Burnout and Stress in the Post-Pandemic World**

**KOSTAS VOUTSAS, MBA, MS, HR/OD**

*Professor of Human Resources, Speaker, Corporate Trainer, Arizona State University*

Kostas Voutsas has been teaching management and human resource courses for 20+ years. He is a tenured Professor of management at Arizona State University. He is also an author, a corporate trainer and keynote motivational speaker. Kostas delivers dynamic presentations at national and state conferences and publishes his research in scholarly journals. His book, *Secrets to Making Diversity Work*, discusses gender, cultural,

and generational differences. Kostas has a master's degree in human resources and a master's in business administration in general business.



**Friday, 8:05 – 9:05 am • Aurora Ballroom 5**

**A Commonsense Approach to Emotional Trauma and Why We Ask “Why?”**

**JUDY SALISBURY, MPH, MCHES**

*Founder/President of Logos Presentations, Woodland, Washington*

Judy Salisbury, founder/president of Logos Presentations, has been training and motivating nationally on various topics and in a variety of venues for over 25 years. Volunteering for her local fire department since 2005, this author of eight books (including *Calamity Care*) serves as a firefighter, an EMT, I.V.-Tech, EMS Evaluator/Educator, and as the crisis care counselor. Drawing from her EMS experience and from her time as a CNA/Med-Tech serving hospice, long-term care, rehab, and assisted living, along with a decade of experience as the POA for a loved one in a skilled nursing facility, she created the training program [LPNequip.org](http://LPNequip.org) designed specifically for

nursing staff in assisted living and skilled nursing facilities. Judy shares her unique, lively, informative, and relevant training for conference and convention participants from coast to coast.

# CONFERENCE SCHEDULE

## Tuesday, June 7

**6:00 – 8:00 pm**      **Registration**  
East Entrance in front of Aurora Ballroom 4

**6:00 – 8:00 pm**      **Exhibitor Set-Up**  
Aurora Ballroom 4      (check in at registration desk before setting up)

**7:00 – 9:00 pm**      **HappiGenius Intensive Training** (pre-registration required)  
Aurora Ballroom 2

## Wednesday, June 8

**7:00 am – 6:00 pm**      **Registration**  
East Entrance in front of Aurora Ballroom 4

**7:00 am – 2:00 pm**      **Exhibitor Set-Up**  
Aurora Ballroom 4      (check in at registration desk before setting up)

**7:00 – 11:30 am**      **Flex Meeting** – (pre-registration required)  
Aurora Ballroom 1      Continental breakfast will be served.

**8:00 – 11:00 am**      **North Dakota Public Health Association Meeting**  
Aurora Ballroom 3      Continental breakfast will be served.  
(Breakouts - Meeting Rooms 2,3,10,12, Ballroom 5)

**11:45 am – 12:40 pm**      **Lunch**  
Aurora Ballroom 5

**12:00 – 12:15 pm**      **Welcome** - President Andrew Armacost, University of North Dakota  
Aurora Ballroom 5

**12:30 – 12:40 pm**      **Announcements and Introduction to the Dakota Conference App**  
Aurora Ballroom 5

**12:40 – 1:40 pm**

**Keynote 1 - Aurora Ballroom 5**

***Historical Trauma in Health and Healthcare***

*Don Warne, MD, MPH, Associate Dean, Director, Indians into Medicine; Professor, Family & Community Medicine; Director, Public Health Program, UND SMHS, Grand Forks*

This presentation will describe historical trauma and other types of psychological and emotional trauma that have an impact on health. We will also address the link between trauma and poor health outcomes in the American Indian population. The need for trauma informed care as a potential strategy to improve outcomes will be described.

**1:40 – 1:50 pm    Networking Break**

**Aurora Ballroom 5**

**1:50 – 2:35 pm**

**Session 1 - Aurora Ballroom 3**

***Health Equity Advisory Boards: Youth, New American/Foreign Born/Immigrant & BeYOU Initiatives***

Krissie Guerard, MS, Health Equity Director, North Dakota Department of Health, Bismarck

Hayden Kemp, Chair, North Dakota Department of Health's Advisory Board, Grand Forks

Barry Nelson, Interim Executive Director, ND Human Rights Coalition, Fargo

David J Leingang, Planner IV, North Dakota Department of Transportation, Bismarck

Jorden Laducer, BS, Special Population Coordinator, North Dakota Department of Health, Bismarck

This presentation will discuss the three North Dakota Department of Health Advisory Boards (New American/Foreign Born/Immigrant (NFI), LGBTQ2S+ BeYOU, and the Youth Boards). The presentation will describe why the boards were created and why it is important to get community input when designing public health interventions. Members from the Boards will join NDDoH staff and share their perspectives and describe initiatives they have taken part of since joining the boards.

**Session 2 - Aurora Ballroom 1**

***Stress Management and Resiliency Training (SMART) Program***

Amit Sood, MD, MS, FACP, Executive Director, Global Center for Resiliency and Wellbeing, Rochester, MN

Resilience is your ability to withstand adversity, bounce back from adversity, and grow despite life's downturns. A large body of literature supports the benefits of resilience for improving physical, cognitive, emotional, social, and occupational outcomes. Broadly, resilience has two components: organizational and individual. Organizational resilience addresses the structural aspects of work and workplace. Individual resilience focuses on optimizing physical, cognitive, emotional, and social aspects to enhance focus and engagement, increase uplifting emotions, lower stress, and decrease burnout. Stress Management and Resiliency Training (SMART) offers an innovative, modern, uplifting, and highly effective approach to enhance individual resilience.

**Session 3 - Meeting Room 2**

***From Chaos to Compliance***

Ken Satkunam, CSIM, CISA, President, NorthStar Technology Group, Fargo

Fulfilling HIPAA compliance obligations is an uphill task, but choosing to sideline compliance and stay non-compliant will only invite trouble. What if there was a better way? We will teach you how to leverage the power of automation to make it easier to not only be compliant, but stay compliant!

## **Session 4 - Meeting Room 3**

### ***Sanford Community Paramedic Program***

Tyler Kientopf, EMS Operations Supervisor, Sanford Health, Bismarck

Community paramedic programs are integrated, multi-disciplinary programs that take advantage of non-traditional opportunities to provide care to patients in an out-of-hospital setting. These programs can consist of experienced paramedics, ambulatory registered nurse (RN) care managers, inpatient RN case managers, and social workers with specialized training in primary and preventive care, delivering healthcare to patients in their homes. These programs serve individuals who do not qualify for home health care coverage but would benefit from in-home care due to acute or chronic medical conditions, or following discharge from the hospital or skilled nursing facility. These programs help to reduce costs for the medical center and third-party payers, while improving patient satisfaction.

**2:35 – 3:25 pm**

## **Visit Exhibits/Networking & Refreshments Break**

**Aurora Ballroom 4**

**3:25 – 4:10 pm**

## **Session 5 - Aurora Ballroom 3**

### ***Climate Change: Low Carbon Initiative Report***

Dave Glatt, PE, Director, Department of Environmental Quality, State of North Dakota, Bismarck

North Dakota has committed to being carbon neutral by the year 2030. As a state rich in natural resources, coal, gas, oil, and some minerals there are many opportunities to reduce the states' greenhouse gas (GHG) emissions while enhancing our environment and providing for economic growth. The presentation will begin to explore the environmental and economic opportunities unique to North Dakota that have the potential to make the state a leader in many GHG reduction technologies.

## **Session 6 - Aurora Ballroom 1**

### ***We Didn't Know That Was Going To Happen! Understanding Unintended Consequences of Public Health Interventions***

Andrea Huseth-Zosel, PhD, CPH, Associate Professor, Department of Public Health, NDSU, Fargo

It is vital that public health professionals who are tasked with designing, implementing, and evaluating interventions understand the potential unintended impacts of these activities. This session will provide an overview of types of unintended consequences of public health interventions, as well as provide potential solutions to addressing unintended consequences.

## **Session 7 - Meeting Room 2**

### ***Poster Session:***

#### ***The Lived Experience of Frontline Nurses: COVID-19 in Rural America***

Karen Robinson, PhD, RN, FAAN, Nursing Research Consultant, Sanford Health, Fargo

Samantha Bartelt, MSN, RN, Nursing Practice Specialist, Sanford Health, Fargo

The experience of 19 frontline nurses caring for COVID-19 patients in three hospitals were studied. Nurses, overwhelmed by human suffering and death, experienced rapid change which caused frustration and barriers to safe practice. Abandonment was perceived due to lack of voice and ostracism by families and communities. Nurses demonstrating perseverance were likely to experience resilience.

#### ***The Effectiveness of the "Stepping On" Program for Reducing the Incidence of Falls in the Elderly***

Meridee Danks, PT, DPT, NCS, Associate Professor, Department of Physical Therapy, UND, Grand Forks

This study evaluated whether rural community seniors participating in Stepping On fall prevention program experienced an improvement in balance and confidence following completion of the seven-week program.

### ***ScreeND: Improving Colorectal Cancer Screening Rates in North Dakota***

Nikki Medalen, MS, BSN, RN, Quality Improvement Specialist, Quality Health Associates of ND, Minot  
Colorectal cancer (CRC) is the second leading cause of cancer death in North Dakota. Quality Health Associates of North Dakota is partnering with clinics in to increase CRC screening rates for rural and Native American populations. These efforts have potential to reduce the incidence and late-stage diagnosis of CRC, increase the number of lives saved, and impact residents who have not been screened.

### **Session 8 - Meeting Room 3**

#### ***North Dakota Healthcare Apprenticeships- A Structured Workforce Recruitment and Retention Model***

Melana Howe, MSA, BA, RN, Resource Development, Corporate Liaison, Apprenticeships, Lake Region State College, Hettinger

Loretta (Lauree) Wangler, MSN, RN, Health Careers Specialist, Nursing Instructor, Lake Region State College and TrainND northeast, Devils Lake

Lake Region State College (LRSC) leads the development of healthcare apprenticeships in North Dakota. There are currently over 50 federally registered apprenticeships with the U.S. Department of Labor in healthcare professions. Apprenticeships have a proven record of positive return on investment and offer employers the opportunity to strengthen and build their workforce.

**4:10 – 5:15 pm**  
**Aurora Ballroom 4**

**Welcome Reception** - Hors d'oeuvres and Cash Bar - Visit Exhibits

## **Thursday, June 9**

**7:00 am – 6:30 pm**      **Registration**  
East Entrance in front of **Aurora Ballroom 4**

**6:45 – 8:00 am**              **Continental Breakfast**  
**Aurora Ballroom 5**

**8:00 – 9:00 am**  
**Keynote 2 - Aurora Ballroom 5**

#### ***Transformational Times for Public Health: Challenges, Opportunities, and the Reality of Change***

Mike Fraser, Chief Executive Office, Association of State and Territorial Health, Arlington, VA

The experience of COVID-19 acutely illustrated the stresses and strains that have pervaded our nation's governmental public health systems over the 20 years. New resources for public health are now available to state and territorial health agencies at levels never before seen in the history of public health funding. How can we leverage these new resources, the general public's interest in public health, and what we know needs to be changed in our system to create a transformed public health system that truly promotes optimal health for all? Join Dr. Fraser for a discussion of national efforts to identify the challenges and opportunities of public health transformation. In this presentation participants will confront the honest truth about the reality of changing our system given practical and political realities that will influence success.

**9:00 – 9:30 am**              **Visit Exhibits - Aurora Ballroom 4**

**9:30 – 10:45 am State of North Dakota Panel Update - Aurora Ballroom 5**

Nizar Wehbi, MD, MPH, State Health Officer, North Dakota Department of Health, Bismarck  
Chris Jones, MBA, Executive Director, North Dakota Department of Human Services, Bismarck  
Pam Sagness, Executive Policy Director, North Dakota Department of Human Services, Bismarck

This panel session with leaders at the state level will provide guidance and clarity regarding the changes made since the pandemic began, including, but not limited to, the new Department of Health and Human Services, changes in behavioral health, and the impact of COVID-19 on North Dakota. There will also be an opportunity for questions and answers.

**10:00 am – 3:00 pm Dak Minn Blood Bank Blood Drive - East Entrance in Front of Aurora Ballroom 5**

**10:45 – 11:15 am Visit Exhibits - Aurora Ballroom 4**

**11:15 am – 12:00 pm**

**Session 9 - Aurora Ballroom 3**

*Issues and Trends in Child Health – Public Health and School Nurse Panel*

Danielle Gratton, BSN, RN, FCN, Public Health Nurse, Health Tracks Nurse and Immunization Program Manager, Grand Forks Public Health Department, Grand Forks

Sara Hendrickson, BSN, RN, Rolette County Health Tracks Coordinator, Rolette County Public Health District, Rolla

Brittany Ness, MHA, BSN, RN, School Nurse/Community Health Resource Coordinator, Northwood Deaconess Health Center/Northwood School, Northwood

Nizar Wehbi, MD, MPH, State Health Officer, North Dakota Department of Health, Bismarck

A panel of public health and school nurses to address child health issues.

**Session 10 - Aurora Ballroom 1**

*Session 10: Bully-proof Your Organization for Life*

Kostas Voutsas, MBA, MS, HR/OD, Professor of Human Resources, Speaker, Corporate Trainer, Department of Management & Entrepreneurship, W. P. Carey School of Business, Arizona State University, Tempe, AZ

Maximize effectiveness and efficiency in your workplace by learning to understand how effective communication and professionalism can make good relationships better. Learn strategies to foster ethical work environments. Explore how to bully-proof your organization for life.

**Session 11 - Meeting Room 2**

*The Good Neighbor Project*

Jennifer Pelster, RN, BSN, Good Neighbor Project Coordinator, Custer Health, Mandan

The Good Neighbor Project (GNP) is North Dakota's first syringe exchange program. People who inject drugs and enroll in the GNP are offered many services including HIV/Hep C testing, harm reduction, education, clean supplies, and referrals. Learn more about the process of becoming a state authorized syringe service program, the GNP, and the challenges/accomplishments they have faced and overcome.

## **Session 12 - Meeting Room 3**

### ***Healthcare Workforce Development in North Dakota***

Stacy Kusler, BA, CPRP, Workforce Specialist, Center for Rural Health, UND SMHS, Grand Forks  
Denise Andress, MBA, RN, Director, Western AHEC, Hettinger

*Join the North Dakota Department of Commerce, North Dakota Center for Rural Health, and the North Dakota Area Health Education Centers to learn about existing efforts to engage youth and aspiring health professionals towards a health career here in North Dakota. Learn how to leverage these partners for your own successful workforce development efforts.*

**12:00 – 1:00 pm**

### **North Dakota Rural Health Association Membership/Interest Meeting**

**Aurora Ballroom 5**

**All attendees are welcome to attend.**

*(Pick up lunch and sit in designated area for meeting)*

**12:00 – 1:00 pm**

### **Networking Lunch**

**Aurora Ballroom 5**

**1:00 – 2:00 pm**

### **Keynote 3 - Aurora Ballroom 5**

#### ***Ignite Passion: Attacking Employee Burnout and Stress in the Post Pandemic World***

Kostas Voutsas, MBA, MS, HR/OD, Professor of Human Resources, Speaker, Corporate Trainer, Department of Management & Entrepreneurship, W. P. Carey School of Business, Arizona State University, Tempe, AZ

Looking for simple solutions to create an environment of trust and happiness at work? Tired of dealing with e-mail blizzards, emotional exhaustion, dysfunctional workplace dynamics, and work-life imbalance? This highly motivational session explores strategies to managing stress and burnout at work.

**2:00 – 2:30 pm**

### **Visit Exhibits - Aurora Ballroom 4**

**2:30 – 3:30 pm**

### **Intensive 1 - Aurora Ballroom 3**

#### ***Preparing for the Next Pandemic: Reflecting on the North Dakota COVID-19 Experience***

Mark Strand, PhD, CPH, Professor, School of Pharmacy and Master of Public Health Program, NDSU, Fargo  
Stephen McDonough, MD, FAAP, Retired Physician, Bismarck  
Adam Hohman, DNP, FNP-BC, Assistant Professor of Practice, NDSU, Fargo

This presentation will review the COVID-19 pandemic experience in North Dakota, followed by discussion around tables where participants will create a list of best practices to consider when faced with a future infectious disease pandemic.

## **Intensive 2a - Aurora Ballroom 1**

### ***Anxiety, Depression, Stress, and Professional Quality of Life Among Our Hospital Workforce During a Global Health Pandemic***

Daniel Kelly, DHA, MA, Retired CEO, McKenzie County Healthcare Systems, Inc., Watford City  
Shawnda Schroeder, PhD, Assistant Professor/Educator Scholar, Department of Indigenous Health, UND SMHS, Grand Forks  
Kristen Leighton, MA, Research Analyst, UND SMHS, Grand Forks

In the summer of 2021, we surveyed all individuals working in any hospital setting in a largely rural state (50% living in rural areas). The electronic survey collected demographic and workforce data, and employed validated behavioral health screening tools to assess anxiety, depression, emotional distress, and work-related quality of life.

## **Intensive 3a - Meeting Room 2**

### ***Creating Productive Relationships Through Effective Communications***

Jon Green, Retired Executive Director of Altru Health Foundation, Bismarck

The majority of dissatisfaction between individuals stems from ineffective communications. This session provides participants the knowledge to understand why individuals react and respond positively or negatively to our communications. They will learn which words and phrases cause either cooperation or defensiveness in addition to learning effective tools and techniques to use when interacting with someone communicating unproductively. They will be able to increase the satisfaction levels of those with whom they interact by successfully utilizing the tools learned.

## **Intensive 4a - Meeting Room 3**

### ***Health Professions Education in Rural Communities (HPERC) Community Apgar, an Update for North Dakota***

Stacy Kusler, BA, CPRP, Workforce Specialist, Center for Rural Health, UND SMHS, Grand Forks  
David Schmitz, MD, Chair, Department of Family & Community Medicine, UND SMHS, Grand Forks

Presenters will address the development and initial use of the HPERC Community Apgar Program, review the initial findings for North Dakota, and discuss with the attendees how the results can be utilized to strengthen education and workforce efforts for our rural North Dakota communities.

**3:30 – 3:40 pm**                      **Get Up and Move Break!**

**3:40 – 4:40 pm**

## **Intensive 1 (cont.): Aurora Ballroom 3**

### ***Preparing for the Next Pandemic: Reflecting on the North Dakota COVID-19 Experience***

Mark Strand, PhD, CPH, Professor, School of Pharmacy and Master of Public Health Program, NDSU, Fargo  
Stephen McDonough, MD, FAAP, Retired Physician, Bismarck  
Adam Hohman, DNP, FNP-BC, Assistant Professor of Practice, NDSU, Fargo

*Continuation from 2:30 – 3:30 pm Intensive 1.*



## **Intensive 2b: Aurora Ballroom 1**

### ***The Coffee Break Project: A Community-Driven Model Supporting Farmer/Rancher Mental Health and Emotional Well-Being***

Nancy Lucero, PhD, LCSW, Research Associate Professor, University of Denver Graduate School of Social Work, Rocky Ford, CO

Joseph Carrica, III, EdD, Chief Executive Officer, Southeast Health Group, La Junta, CO

Bruce Fickenscher, MA, Southeast Region Director, Colorado State University Extension, Rocky Ford, CO

Jennifer Pollmiller, MA, Communications Director, Southeast Health Group, Southeast Health Group, La Junta, CO

The Coffee Break Project, a rural southeast Colorado initiative developed by agricultural community members and delivered in partnership with Southeast Health Group, raises awareness of farmer/rancher mental health concerns and uses the relational networks that exist in the areas rural agricultural community to address these issues. Come learn how to adapt the Coffee Break model for your community.

## **Intensive 3: Meeting Room 2**

### ***Creating Productive Relationships Through Effective Communications***

Jon Green, Retired Executive Director of Altru Health Foundation, Bismarck

*Continuation from 2:30 – 3:30 pm Intensive 1.*

## **Intensive 4b: Meeting Room 3**

### ***Addressing Health***

### ***Building Capacity Among Primary Care and Public Health Providers to Address Oral Health: A TeleECHO Virtual Learning Model***

Shawnda Schroeder, PhD, Assistant Professor/Educator Scholar, Department of Indigenous Health, UND SMHS, Grand Forks

This session includes information on the evidence-based TeleECHO learning model and education for primary and public health providers on best practices in oral health screening, case management, fluoride varnish application, and billing. Attendees will learn how to improve access to oral health care among disparate populations and those more likely to visit primary care than dental professionals.

### ***Collaboration and Advancement in Pharmacy to Improve Population Health in North Dakota***

Elizabeth Skoy, PharmD, RPh, Associate Professor/Director for the Center for Collaboration and Advancement in Pharmacy, NDSU, Fargo

Pharmacists are one of the most accessible healthcare providers across the country, especially in North Dakota. This program will provide information on innovative practices taking place within pharmacies to improve population health. Learn how pharmacists are involved in disease treatment and preventions beyond the role of dispensing medications, and how you can collaborate with these efforts.

**4:40 – 5:30 pm**

**Last Chance to Visit Exhibitors! - Aurora Ballroom 4**

**5:00 – 6:00 pm**

**Visit with Journey Home Animal Rescue**

**Outside of Aurora Ballroom 5**

**5:15 – 6:00 pm**

**Awards Banquet Social - Aurora Ballroom 5**

**6:00 pm**

**Rural and Public Health Awards Banquet - Aurora Ballroom 5**

# Friday, June 10

Denim Day (For more information about the fundraiser for Journey Home Animal Rescue, please see “Housekeeping Items” on page 6)

**7:00 am – 12:30 pm**      **Registration - East Entrance in front of Aurora Ballroom 4**

**7:00 – 8:00 am**              **Continental Breakfast - Aurora Ballroom 5**

**8:00 – 8:05 am**              **Announcements - Aurora Ballroom 5**

**8:05 – 9:05 am**

**Keynote 4 - Aurora Ballroom 5**

***A Commonsense Approach to Emotional Trauma and Why We Ask “Why?”***

Judy Salisbury, President and Founder, Logos Presentations, Woodland, WA

Some life events can leave us depressed, despondent, and even suicidal but it can be especially hard for healthcare workers who often suffer in silence. Also impacted by emotional trauma of our patients who feel the pain and loss of their former active lifestyle. With a commonsense approach, Judy Salisbury (author of Calamity Care) opens up an interactive discussion on the issue of emotional trauma; definition, recognition, options, with hints and tips to helping yourself or others. Moving beyond cold erudition, this workshop also includes a candid, intuitive discussion on why we ask, “Why?” when we experience emotionally painful, life-altering events.

**9:15 – 10:00 am**

**Session 13 - Aurora Ballroom 3**

***Our Polluted Media Landscape: Navigating Misinformation for Community Health***

Josh Gryniewicz, Narrative Strategist, Odd Duck, Chicago, IL

Josh Gryniewicz is an author, a health communicator, and the founder/chief narrative strategist of Odd Duck, a storytelling for social change consultancy. Over a decade ago, he started his communication career in the public safety space working on a controversial violence prevention program. Today, Odd Duck specializes in population health and mental wellness. He has helped cultivate narrative strategy for disruptive healthcare organizations, innovated unique content, including an interactive comic book platform for depression prevention, and presented storyteller training for multisector data-sharing collaborations across the country.

Throughout the pandemic, Odd Duck has contributed to community-forward COVID-19 responses throughout Chicago, Baltimore, New York, Philadelphia, and New Orleans. This work informed the five keys for managing misinformation, which he has used to advise organizations on developing counter-narratives for vaccine resistance movements, anti-vaccine, and vaccine hesitancy programs.

**Session 14 - Aurora Ballroom 1**

***Creating the New Normal (Working in Sweatpants)***

Jennifer Berg, Director of Total Rewards, Altru Health System, Grand Forks

Marlene Miller, MSW, Director of People Resources, Altru Health System, Grand Forks

The COVID-19 pandemic has changed the way we work and live. How can we apply the lessons from the pandemic to create the new normal for our workforce – one that has profound implications for our employees, patients, and the bottom line. Workforce burnout, new life stressors, heightened awareness of matters of equity and justice, and

urgency to secure future employability through reskilling are contributing to what people want from work and their relationship with their employee. We will learn about Altru Health Systems's journey to respond to the pandemic and how we are taking what we learned to respond to the changing workforce. Come along with us as we consider what creating the new normal could mean for our and your organization.

## **Session 15 - Meeting Room 2**

### ***North Dakota's State Plan for Alzheimer's Disease and Related Dementias***

Rebecca Quinn, LMSW, Program Director, UND, Grand Forks

Laura Hand, PhD, Associate Professor, UND, Grand Forks

Gretchen Dobervich, LBSW, MPH Candidate, Public Health Policy Project Manager, American Indian Public Health Resource Center, Fargo

Stakeholders came together to collaboratively updated the State Plan for Alzheimer's Disease to meet current and emerging needs. This session will discuss their work including identified assets and opportunities to create an inclusive community and health system that understands, respects, and supports persons who are at-risk of or diagnosed with Alzheimer's, and their caregivers.

**10:00 – 10:15 am      Networking Break - Aurora Ballroom 5**

**10:15 – 10:20 am      Exhibitor Message - University of North Dakota School of  
Medicine & Health Sciences  
Aurora Ballroom 5**

**10:20 – 11:20 am**

### **Healthcare Policy Panel: North Dakota Legislative Update - Aurora Ballroom 5**

Judy Lee, Senator, State of North Dakota, West Fargo

Tim Mathern, Senator, State of North Dakota, Fargo

Greg Westlind, Representative, State of North Dakota, Cando

Corey Mock, Representative, State of North Dakota, Grand Forks

North Dakota legislators will discuss what has been occurring in the 2021/2022 interim legislative committee meetings and legislative studies, as related to healthcare.

**11:30 am – 12:15 pm**

### **Session 16 - Aurora Ballroom 3**

#### ***Tribal Health Initiatives***

Cheyenne Smith, BA, Tribal Health Liaison, North Dakota Department of Health, Health Equity Office, Bismarck

Sonya Abe, BS, Tribal Health Liaison, North Dakota Department of Health, Health Equity Office, Bismarck

Hunter Parisien, BAS, Tribal Health Liaison, North Dakota Department of Health, Health Equity Office, Bismarck

Jamie Thongphet, RN, MSN, Tribal Health Liaison, North Dakota Department of Health, Health Equity Office, Bismarck

During this presentation, we'll be giving a brief overview of the roles of the tribal health liaisons and how these positions were created. We'll also be talking about how we've been working in tribal communities in rural/urban areas regarding COVID-19 and other health disparities.

## **Session 17 - Aurora Ballroom 1**

### ***Promoting Quality of Life for Older Adults with a History of Childhood Trauma***

Ramona Danielson, PhD, Assistant Professor, NDSU Department of Public Health, Fargo

This presentation will discuss the impacts that early traumatic experiences can have on the aging experience. It will talk about the wellness framework, which offers a multifaceted, strength-based lens to look at successful aging. It will also talk about what we can do as individuals, professionals, and communities to help people with trauma histories achieve successful aging.

## **Session 18 - Meeting Room 2**

### ***Telehealth Services***

Valerie Cavett, AS, LPN, Education Representative, Noridian Healthcare Solutions, Fargo

Timothy Morrissey, BA, Education Representative, Noridian Healthcare Solutions, Fargo

This session will support providers with comprehensive knowledge of telehealth services and three other types of communication technology-based services approved for Medicare beneficiaries. Attendees will gain an understanding of Medicare coverage and how to appropriately provide and bill telehealth services applicable to each provider specialty and facility type.

# FINANCIAL CONTRIBUTORS

The Dakota Conference on Rural and Public Health appreciates the support provided by these financial contributors. Their generosity in giving to the Dakota Conference underscores their commitment to quality healthcare in North Dakota.

## **Diamond Level - \$2,500**

Altru Health System

Sanford Health Network

## **Platinum - \$1,500**

University of North Dakota School of Medicine & Health Sciences

## **Gold Level - \$1,000**

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North Dakota Department of Human Services

Behavioral Health Division

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Ideacom Mid-America

LEAD – Patient and Community Education

North Dakota Association for the Disabled

North Dakota Brain Injury Network

North Dakota Center for Persons with Disabilities – Minot State University

North Dakota Department of Human Services – Aging Services Division

North Dakota Health Information Network

North Dakota Professional Health Program

North Dakota Rural Health Clinic Network

North Dakota State University Department of Public Health

NorthStar Technology Group

PCL Community

Pfizer

Psychiatric Medical Care

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University of North Dakota Department of Physician Assistant Studies

USDA Rural Development

Wapiti Medical Staffing

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Williston State College

## **Break Sponsor**

Rural Psychiatry Associates

# EXHIBIT SCHEDULE

## Aurora Ballroom 4

### Tuesday, June 7, 2022

6:00 – 8:00 pm (set-up)

### Wednesday, June 8, 2022

7:00 am – 2:00 pm (set up)

2:35 – 3:25 pm (visit exhibits)

4:10 – 5:15 pm (visit exhibits/welcome reception in exhibit hall)

### Thursday, June 9, 2022

9:00 – 9:30 am (visit exhibits)

10:45 – 11:15 am (visit exhibits)

2:00 – 2:30 pm (visit exhibits)

4:40 – 5:30 pm (visit exhibits)

5:30 – 8:00 pm (tear down)

#### 1. Wapiti Medical Staffing

Matt Flikka, [matt.flikkawapitimedical.com](mailto:matt.flikkawapitimedical.com)

Wapiti Medical Staffing is an award-winning healthcare staffing company dedicated to serving rural communities in the upper Midwest.

#### 2. Accuvax by TruMed Systems

Mark Hunter, [tradeshows@trumedsystems.com](mailto:tradeshows@trumedsystems.com)

The fastest-growing vaccine storage and handling company providing inventory management solutions to individual clinics, major health systems, and public healthcare facilities throughout the U.S. It is the emerging standard for vaccine storage and management that protects vaccine viability, maximizes patient safety, minimizes loss & risk, and optimizes office workflow.

#### 3. GSK

Sandy Larson, [sandra.a.larson-dienstmann@gsk.com](mailto:sandra.a.larson-dienstmann@gsk.com)

GSK is a science-led global healthcare company with a special purpose. We research, manufacture, and make available a broad range of medicines, vaccines and consumer healthcare products.

#### 4. North Dakota Department of Human Services, Aging Services Division

Karen Hillman, [khillman@nd.gov](mailto:khillman@nd.gov)

The Department of Human Services, Aging Services Division administers programs and services that help older adults and adults with physical disabilities to live safely and productively in the least restrictive, appropriate setting.

#### 5. Converdia Health Staffing

Todd Lawley, [todd@converdiahealth.com](mailto:todd@converdiahealth.com)

Brian Rahman, [brian@converdiahealth.com](mailto:brian@converdiahealth.com)

ConVerdia Health Staffing provides staffing services and works to find quality candidates for facilities, connecting local nurses, providers, and allied staff to fill a wide variety of roles across the region.

#### 6. North Central States Regional Council of Carpenters (NCSRCC)

Brian Pyle, [bpyle@ncsrcc.org](mailto:bpyle@ncsrcc.org)

Dan Roemmich, [droemmich@ncsrcc.org](mailto:droemmich@ncsrcc.org)

Through training we help ensure the health and safety of every patient, facility personnel, and tradesperson during construction and renovation projects in healthcare facilities. It is our number one priority.

# EXHIBITORS

## 7. HSIolutions

Kim Granfor, [kgranfor@hsicoll.com](mailto:kgranfor@hsicoll.com)

Dan Gannon, [dgannon@hsisolutions.org](mailto:dgannon@hsisolutions.org)

HSIolutions offers group purchasing solutions through Vizient, medical debt collections, and a strategic business partner program providing unique solutions that are custom tailored to facility needs.

## 8. Community Healthcare Association of the Dakotas (CHAD)

Mary Hoffman, [mary@communityhealthcare.net](mailto:mary@communityhealthcare.net)

Shannon Bacon, [shannon@communityhealthcare.net](mailto:shannon@communityhealthcare.net)

CHAD supports community health centers in their mission to provide access to healthcare for all Dakotans regardless of insurance status or ability to pay.

## 9. UND School of Medicine & Health Sciences

Brian Schill, [brian.schill@und.edu](mailto:brian.schill@und.edu)

Kristen Peterson, [kristen.peterson@und.edu](mailto:kristen.peterson@und.edu)

Focusing on rural and primary care, the UND School of Medicine & Health Sciences is one of the leading community-based medical schools in the nation.

## 10. UND Master of Public Health (MPH) Program

Ashley Bayne, [ashley.bayne@und.edu](mailto:ashley.bayne@und.edu)

Ivy Baird, [ivy.baird@und.edu](mailto:ivy.baird@und.edu)

UND's MPH Program offers specializations in health management and policy, Indigenous health and population health research and analytics (PHRA), and certificates in general public health and PHRA.

## 11. UND Department of Physician Assistant Studies

Heather Werner, [heather.werner@und.edu](mailto:heather.werner@und.edu)

The UND Department of Physician Assistant Studies offers a unique hybrid of synchronous and asynchronous online coursework combined with alternating classroom and clinical experiences to award an MPAS degree.

## 12. University of North Dakota College of Nursing and Professional Disciplines

Tracy Evanson, [tracy.evanson@und.edu](mailto:tracy.evanson@und.edu)

The College of Nursing and Professional Disciplines offers undergraduate and graduate degrees in nursing, nutrition and dietetics, and social work.

## 13. UND Department of Nutrition/Dietetics

Desiree Tande, [desiree.tande@und.edu](mailto:desiree.tande@und.edu)

We offer undergraduate and graduate programs that educate and develop successful graduates and future leaders in nutrition and dietetics.

## 14. SIM-ND

Jessi Nicola, [jessi.nicola@und.edu](mailto:jessi.nicola@und.edu)

SIM-ND is a mobile education system that uses high-fidelity human patient simulators to provide medical education training throughout the state of North Dakota and northwest Minnesota.

## 15. Rural Psychiatry Associates

Mandi Tyryfter,

[mandi.tyryfterruralpsychiatryassociates.com](http://mandi.tyryfterruralpsychiatryassociates.com)

Jennifer Lunski,

[jennifer.lunski@ruralpsychiatryassociates.com](mailto:jennifer.lunski@ruralpsychiatryassociates.com)

Rural Psychiatry Associates works with patients of all ages. We provide comprehensive mental health services and treatments, both individually and within organizations, that is specialized to your unique needs.

## 16. Lake Region State College

Lauree Wangler, [loretta.wangler@lrsc.edu](mailto:loretta.wangler@lrsc.edu)

The nursing program provides the knowledge and skills students need for a career in nursing. Students study and experience caring for patients in a variety of healthcare settings including hospitals, acute care centers, long-term care facilities, home care agencies, and clinics. LRSC offers education to become a certified nurse assistant; practical nurse; paramedic to nurse bridge program; and associate degree nurse.

## 17. PDMI

Jeff Mihok, [jmihok@pdmi.com](mailto:jmihok@pdmi.com)

Tom Bielawski, [tbielawski@pdmi.com](mailto:tbielawski@pdmi.com)

PDMI provides 340B program administration with regulatory compliance, comprehensive reporting, and inventory replenishment for covered entities and pharmacies. With PDMI, you gain the benefits and savings the 340B program intended.

## 18. USDA Rural Development

Mark Wax, [mark.wax@usda.gov](mailto:mark.wax@usda.gov)

USDA - Rural Development provides financing for medical facilities and equipment.

## 19. North Dakota Public Health Association (NDPHA)

Sue Kahler, [skahler@bismarcknd.gov](mailto:skahler@bismarcknd.gov)

NDPHA gives a voice to public health matters and provides opportunities to partner, create new vision, and be an instrument affecting the health status for citizens all across the state.

## 20. North Dakota Behavioral Health Division

Heather Brandt, [hbrandt@nd.gov](mailto:hbrandt@nd.gov)

The North Dakota Department of Human Services, Behavioral Health Division is responsible for reviewing and identifying service needs and activities in the state's behavioral health system to ensure health and safety, access to services and quality services establishes quality assurance standards for the licensure of substance use disorder program services and facilities and provides policy leadership in partnership with public and private entities.

## 21. North Dakota Health Information Technology Department (NDHIN)

Shila Blend, [sblend@nd.gov](mailto:sblend@nd.gov)

The NDHIN is a statewide interoperable health information exchange connecting providers, hospitals, clinics, and labs to make electronic health information available on demand.

## 22. LEAD – Patient and Community Education

Dana Koep, [danae.koep@sanfordhealth.org](mailto:danae.koep@sanfordhealth.org)

Sanford Health's Better Choices, Better Health program is an evidence-based workshop focused on helping individuals with chronic health conditions take control of their life.

## 23. North Dakota Professional Health Program, Inc. (NDPHP)

Ann Leiseth, [aleiseth@ndphp.org](mailto:aleiseth@ndphp.org)

NDPHP is a voluntary, confidential, non-disciplinary monitoring program to support licensees of the North Dakota Board of Medicine experiencing substance use or mental health problems. The program is designed to encourage health professionals to seek a recovery program before their condition harms a patient or damages their careers.

## 24. North Dakota Association for the Disabled (NDAD)

Lora Machart, [lmachart@ndad.org](mailto:lmachart@ndad.org)

NDAD is a statewide, charitable nonprofit organization helping people with a wide range of disabilities and medical needs in North Dakota and neighboring communities.

## 25. Credit Collections Bureau

Brenden Trottier, [brendent@cabinet.com](mailto:brendent@cabinet.com)

The best third-party collections in the state!

## 26. Williston State College

Faith Faldalen, [faith.faldalen@willistonstate.edu](mailto:faith.faldalen@willistonstate.edu)

Where the people make the difference. Provide accessible, affordable, life-changing, and lifelong educational pathways to residents of North Dakota, the Upper Plains, and beyond.

## 27. Bank of North Dakota

James Barnhardt, [jbarndardt@nd.gov](mailto:jbarndardt@nd.gov)

The State of North Dakota's 529 College SAVE Plan administered by Bank of North Dakota.



### **28. Great Plains Telehealth Resource & Assistance Center (gpTRAC)**

Mary DeVany, [medevany9@umn.edu](mailto:medevany9@umn.edu)

gpTRAC is a federally-funded center located at the University of Minnesota. It provides training, tailored consultations, and resources to healthcare organizations of all kinds seeking to design, implement, grow, sustain, and evaluate telehealth services.

### **29. Exact Sciences**

Mike Pelzer, [mpelzer@exactsciences.com](mailto:mpelzer@exactsciences.com)

Cologuard® is a stool DNA-based colorectal cancer screening test for average-risk individuals who are 45 or older. Cologuard uses a biomarker panel which analyzes a person's stool sample for 10 DNA markers, as well as blood in the stool (hemoglobin).

### **30. North Dakota Area Health Education Center (ND AHEC)**

Denise Andress, [denise@ndahec.org](mailto:denise@ndahec.org)

The ND AHEC program is to improve the distribution, diversity, and quality of health personnel in health services delivery system by encouraging the regionalization of health professions schools.

### **31. North Dakota Brain Injury Network**

Carly Endres, [carly.endres@und.edu](mailto:carly.endres@und.edu)

The North Dakota Brain Injury Network provides information and support to individuals with brain injury, their family member, and various service providers and agencies. All of our services are FREE.

### **32. Rural Health Research Gateway**

Per Ostmo, [per.ostmo@und.edu](mailto:per.ostmo@und.edu)

The Rural Health Research Gateway is your preeminent resource for timely, relevant, and free rural health research. Visit Gateway at [ruralhealthresearch.org](http://ruralhealthresearch.org).

### **33. North Dakota Rural Health Clinic (RHC) Network**

Anna Walter, [anna.walter@und.edu](mailto:anna.walter@und.edu)

The North Dakota RHC Network was formed in 2021 to provide a platform of support to North Dakota RHCs for compliance, quality and performance improvement, and collaboration.

### **34. North Dakota Rural Health Association (NDRHA)**

Kylie Nissen, [kylie.nissen@und.edu](mailto:kylie.nissen@und.edu)

NDRHA aims to provide a unified voice to promote and enhance the quality of rural health through leadership, advocacy, coalition building, education, and communication through its diverse membership.

### **Center for Rural Health**

Jena Pierce, [jena.pierce@und.edu](mailto:jena.pierce@und.edu)

The Center for Rural Health connects resources and knowledge for rural and tribal communities in North Dakota, the region, and the nation.

### **35. Grand Forks Public Health**

Debbie Swanson, [dswanson@grandforks.gov](mailto:dswanson@grandforks.gov)

The Grand Forks Public Health Department is committed to: promoting healthy environments and lifestyles, preventing disease, building community resilience through preparedness, and assuring access to health services.

### **36. Trinity Health**

Danielle Luedtka, [danielle.luedtke@trinityhealth.org](mailto:danielle.luedtke@trinityhealth.org)

Trinity Health is a comprehensive, integrated healthcare system serving northwest/central North Dakota and Eastern Montana. With a tertiary care hospital in Minot, more than 40 specialties, several rural health clinics, and a long-term care facility, Trinity provides a full complement of healthcare services to the region.

### 37. NorthStar Technology Group

Ken Satkunam, [ken.satkunam@northstar-tg.com](mailto:ken.satkunam@northstar-tg.com)

NorthStar Technology Group creates operational success by providing the best technology solutions to healthcare organizations without the resources (Time, Energy, or Experience) to do this themselves. We do this by building FAST, SECURE, and AVAILABLE technology through the best, brightest, and driven technology professionals!

### 38. G&R Controls

Doug Straus, [doug.straus@grcontrolsinc.com](mailto:doug.straus@grcontrolsinc.com)

G&R Controls is an Independent Field Office for Siemens Industry, Inc. We sell, install, and service building automation and temperature control systems in commercial facilities.

### 39. Ideacom Mid-America

Susan Eason, [season@idea-ma.com](mailto:season@idea-ma.com)

Ideacom Mid-America offers solutions that are tailored to fit any size facility, budget and need and optimize workflow, improve staff/patient satisfaction and provide a more responsive environment.

### 40. PCL Community

Jonathan Lowrey, [jlowrey@pcl.com](mailto:jlowrey@pcl.com)

PCL/Community continues to build projects and strong relationships in North Dakota with over 155 years of experience, PCL/Community has constructed well over 200 projects in North Dakota.

### 41. Psychiatric Medical Care

Kirby Johnson, [kjohnson@psychmc.com](mailto:kjohnson@psychmc.com)

Senior Life Solutions is a rural mental health solution. We partner with Critical Access Hospitals to serve the mental and behavioral health needs of its aging population.

### 42. Horizon Virtual

Timothy Schmidt, [schmidtt@horizonvirtual.net](mailto:schmidtt@horizonvirtual.net)

Horizon Virtual provides cost-effective bedside telemedicine hospitalist coverage in multiple locations via a remote virtual telehospital experience.

### 43. NDCPD - Minot State University

Madesyn Porterfield, [madesyn.porterfield@ndus.edu](mailto:madesyn.porterfield@ndus.edu)

NDCPD has been awarded from CMS to implement the statewide Navigator project. Federally-facilitated Marketplace Navigators play a vital role in helping consumers, especially those in underserved communities, understand their benefits and rights, review options, prepare applications to establish eligibility, and enroll in Marketplace coverage.

### 44. Pfizer

Anthony Cain, [anthony.cain@pfizer.com](mailto:anthony.cain@pfizer.com)

Pfizer is a worldwide producer of vaccines.

### 45. Champ Software

Nicole Sowers, [nicole.sowers@campsoftware.com](mailto:nicole.sowers@campsoftware.com)

Champ Software's EHR is built to meet the unique needs of public health agencies, helping public health officials accomplish their mission to deliver high quality care to their communities

### 46. NDSU Public Health

Andrea Huseth-Zosel, [andrea.husethzosel@ndsu.edu](mailto:andrea.husethzosel@ndsu.edu)

The NDSU Department of Public Health offers a Master of Public Health designed to develop and empower public health leaders through interprofessional education, practice, and research.

### 47. ShareHouse

Steffane Prestidge, [sprestidge@sharehouse.org](mailto:sprestidge@sharehouse.org)

ShareHouse has been providing chemical dependency services to the region since 1975. We have evolved into one of the most respected and trusted dual diagnosis treatment programs in the upper Midwest.

### 48. Essentia Health

Molly Murch, [molly.murch@essentiahealth.org](mailto:molly.murch@essentiahealth.org)

Victoria Black, [victoria.black@essentiahealth.org](mailto:victoria.black@essentiahealth.org)

At Essentia Health, "We are called to make a healthy difference in people's lives." This mission guides us every day and resonates deeply in our employees.

### 49. Altru Health System

Chelsie Johnson, [cmjohnson@altru.org](mailto:cmjohnson@altru.org)

Reed Reyman, [rreyman@altru.org](mailto:rreyman@altru.org)

Altru is a multi-specialty group practice with a 277-bed acute care hospital, Level II trauma center, 45-bed specialty hospital, Grand Forks and regional practice locations, and a large home care network serving northeastern North Dakota and northwestern Minnesota.

### 50. UnitedHealthcare

Colette Thieme, [collette.thieme@uhc.com](mailto:collette.thieme@uhc.com)

Radhika Mahadeo, [radhika\\_mahadeo@uhc.com](mailto:radhika_mahadeo@uhc.com)

UnitedHealthcare is dedicated to helping people live healthier lives and making the health system work better for everyone. We serve millions of people from their earliest years through their working lives and through retirement. In the United States, UnitedHealthcare offers health benefit programs for all ages and lifestyles.

### 51. Eide Bailly LLC

Ralph Llewellyn, [rllewellyn@eidebailly.com](mailto:rllewellyn@eidebailly.com)

Jessic Aasen, [jaasen@eidebailly.com](mailto:jaasen@eidebailly.com)

Eide Bailly is a CPA and business advisory firm with more than 40 offices across the nation. Accounting is about numbers, but our business is about relationships.

### 52. Prairie St. John's

DeNae Kawasaki, [denae.kawasaki@uhsinc.com](mailto:denae.kawasaki@uhsinc.com)

Prairie St. John's offers inpatient and outpatient behavioral health services for children, adolescents, and adults throughout the tri-state region. We are located in Fargo, North Dakota.

### 53. U.S. Air Force

Jonathan Rhodes, [jonathan.rhodes@un.af.mil](mailto:jonathan.rhodes@un.af.mil)

Air Force Health Professional's ensure we have a medically fit force, provide expeditionary medics, and improve the health of all we serve to meet our nation's needs.

### 54. Sanford Physician Recruitment

Marty Trout, [marty.trout@sanfordhealth.org](mailto:marty.trout@sanfordhealth.org)

Sanford Health, one of the largest health systems in the United States, is dedicated to the integrated delivery of health care, genomic medicine, senior care and services, global clinics, research and affordable insurance.

### 55. Sanford Health Network

Dan Olson, [dan.olson@sanfordhealth.org](mailto:dan.olson@sanfordhealth.org)

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Sanford is an integrated health system headquartered in the Dakotas, the largest rural not-for-profit health care system in the nation. The Sanford Health Network represents the rural arm of the Sanford organization.

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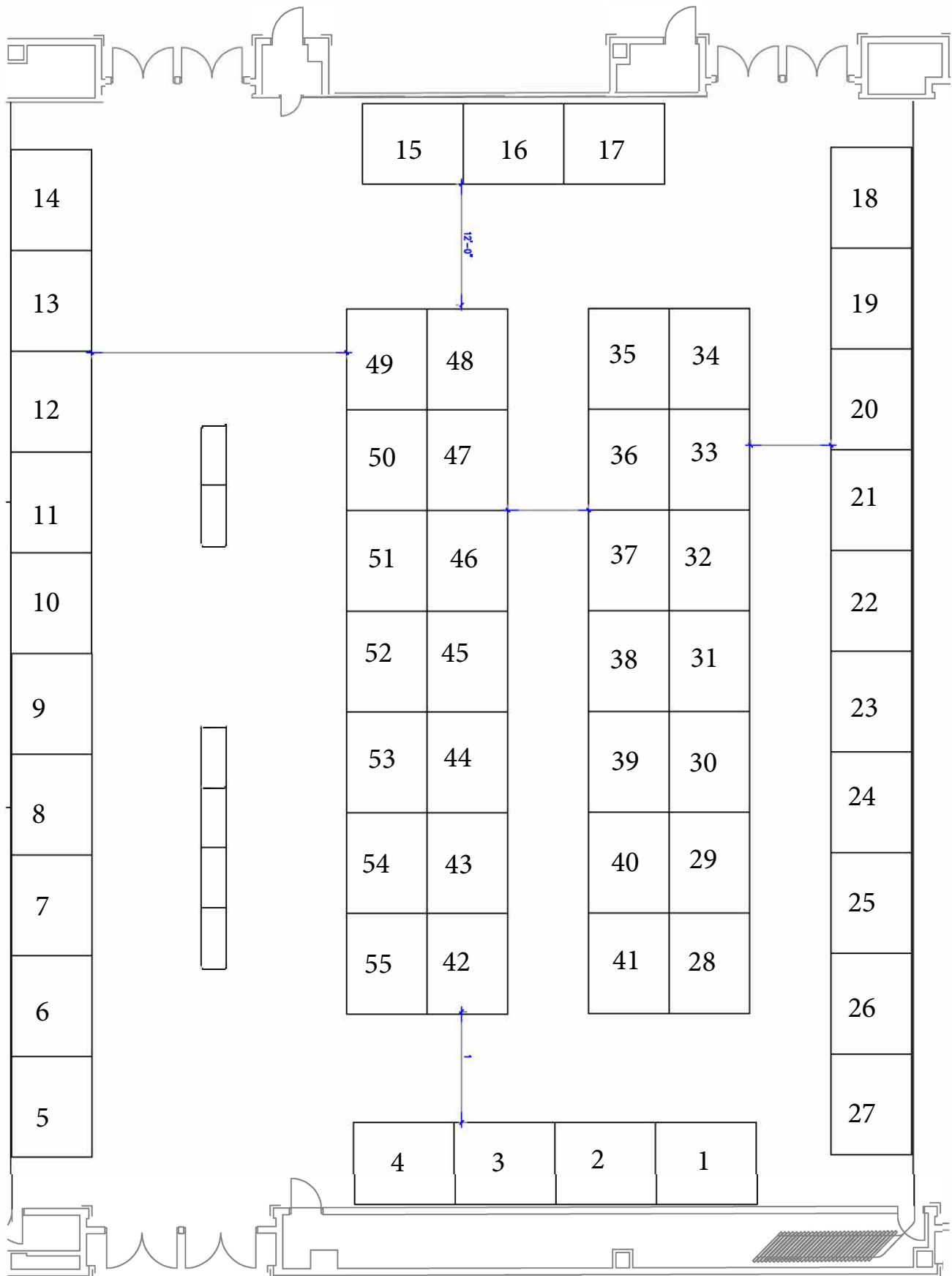
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