



COST



RESOURCES



DATA



APPOINTMENT



INTAKE



IDEAS



CONSULTING

Healthcare Considerations for LGBTQ+ Patients Across the System



SPEAKER



DIRECTORIES



HORIZON



SYSTEMS



TARGETS



DEMOGRAPHICS



GOALS

Speaker Background



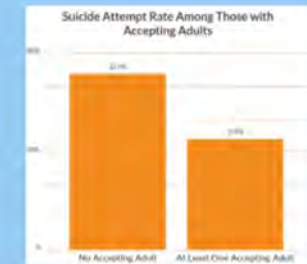
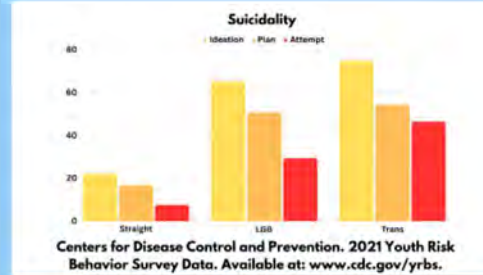
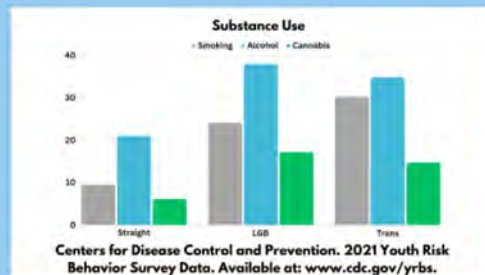
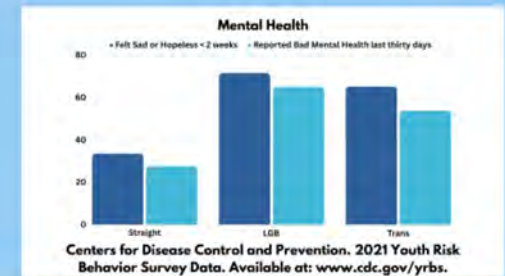
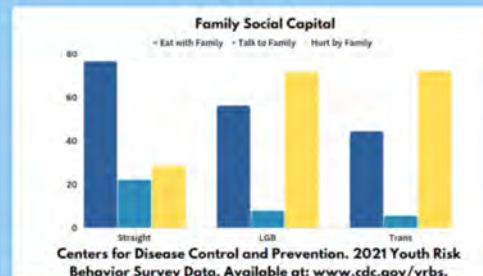
- Life Long North Dakotan
- Started Harbor Health Clinic
- Works as LGBTQ+ Care Coordinator at Canopy Medical Clinic
- Community research into effective LGBTQ+ training and nine years experience
- Award winning activist, community champion, suicide prevention advocate, and dedicated to this work for her life.



Learning Objectives

- **Accurate View of LGBTQ+ Outcomes**
- **Barriers Patients have to Access Healthcare**
- **Process Improvement and Key Tools for Service**

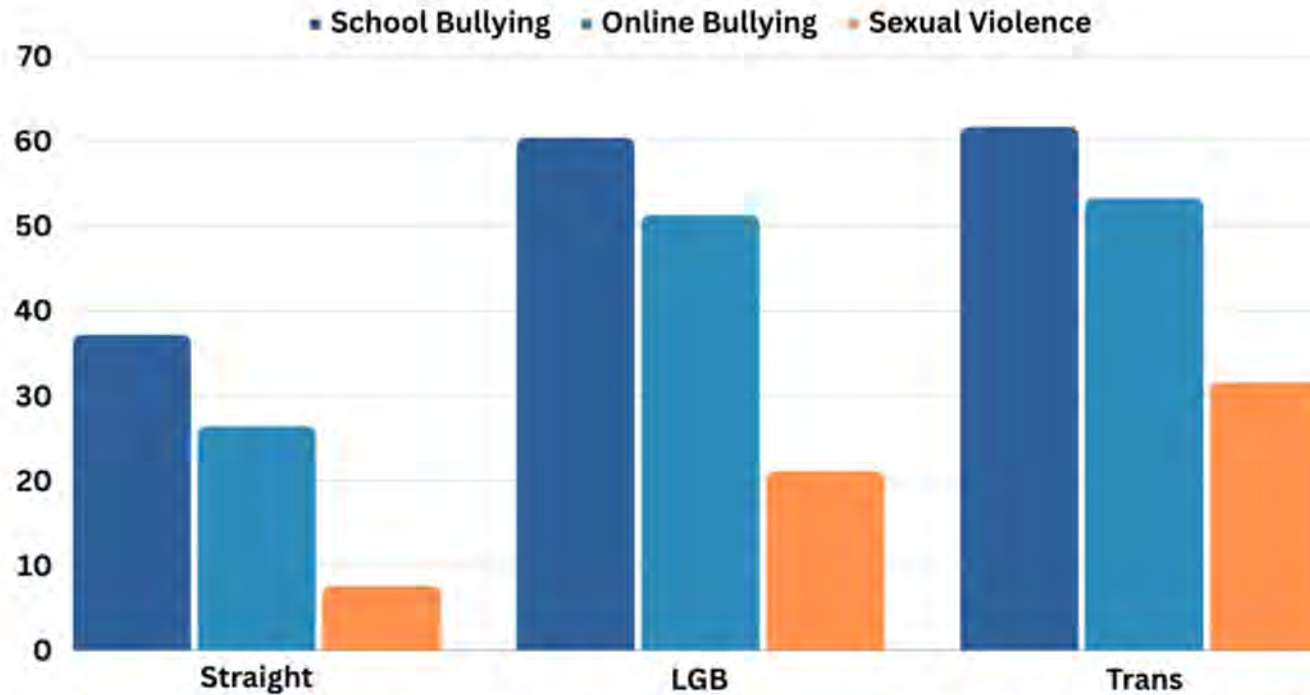
LGBTQ+ Youth Data Compared to Straight Youth



The Trevor Project. (2018) The Trevor Project Research Brief: Accepting Adults Reduce Suicide Attempts Among LGBTQ Youth. New York, New York: The Trevor Project.

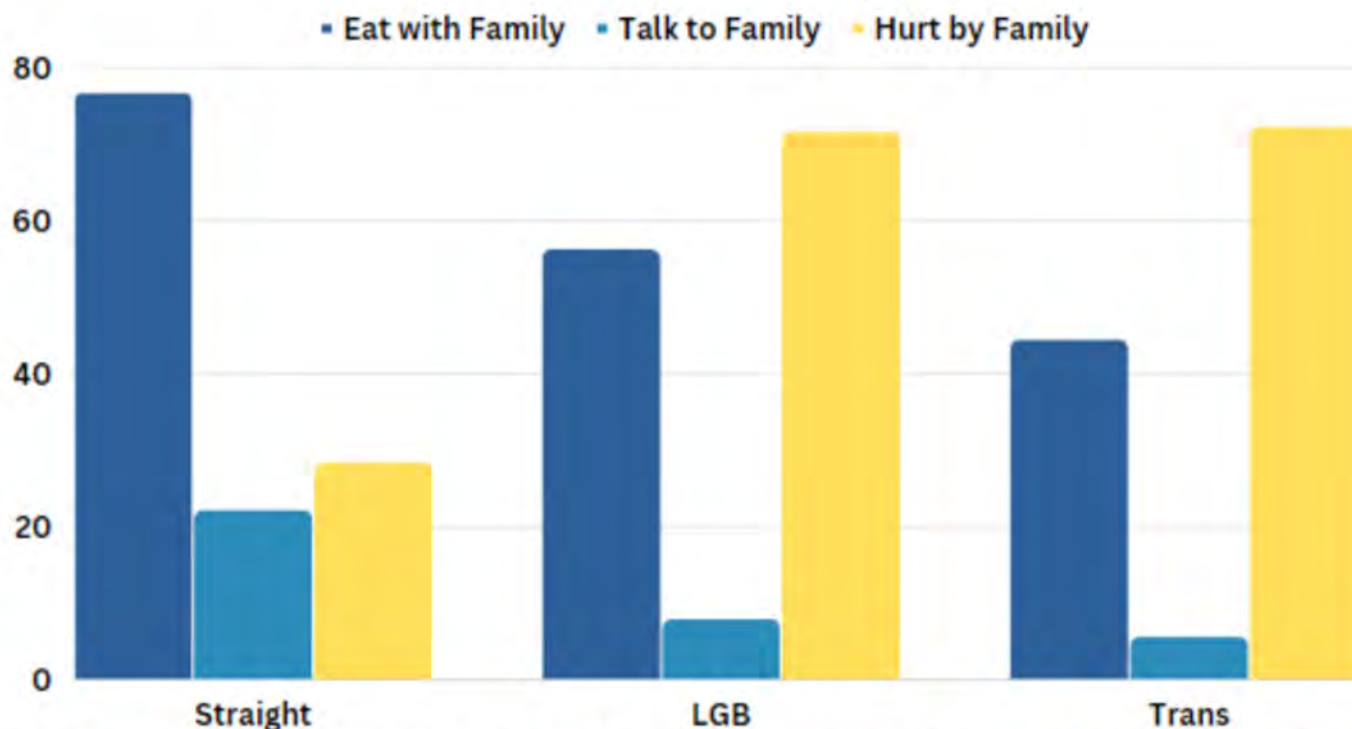
Key Topic: Understanding Trust and Safety

Safety



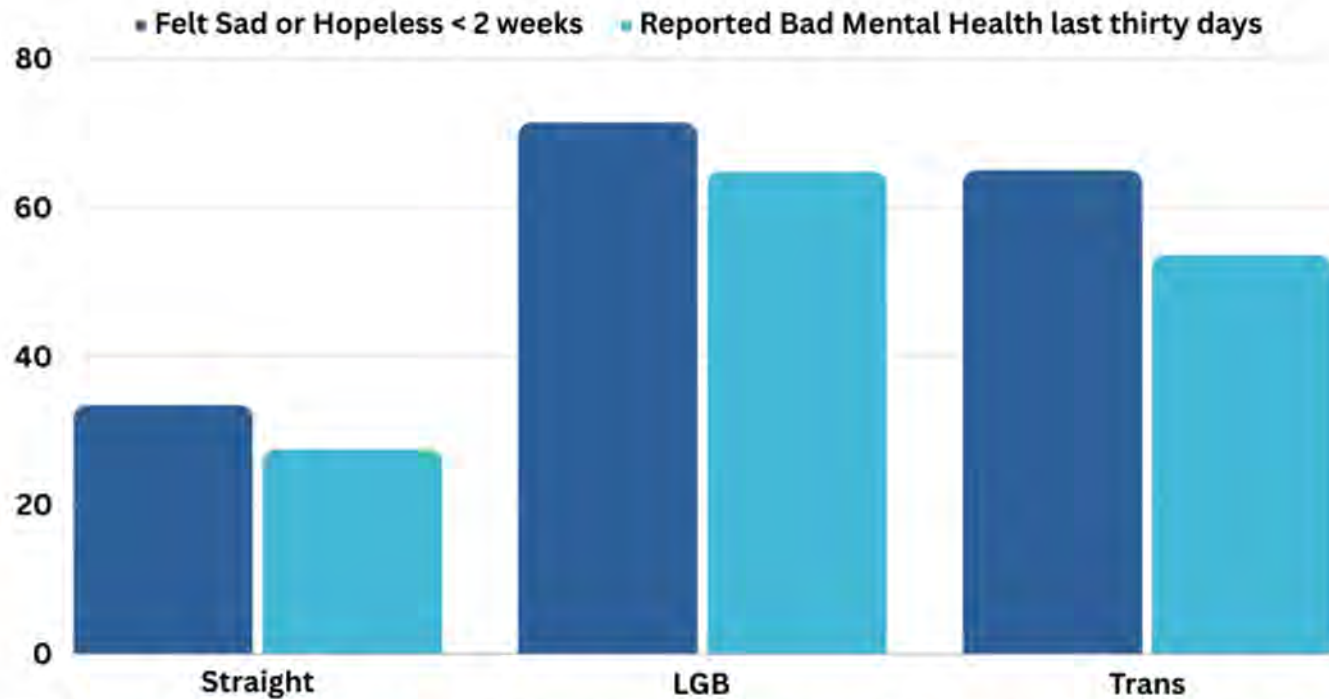
Centers for Disease Control and Prevention. 2021 Youth Risk Behavior Survey Data. Available at: www.cdc.gov/yrbs.

Family Social Capital



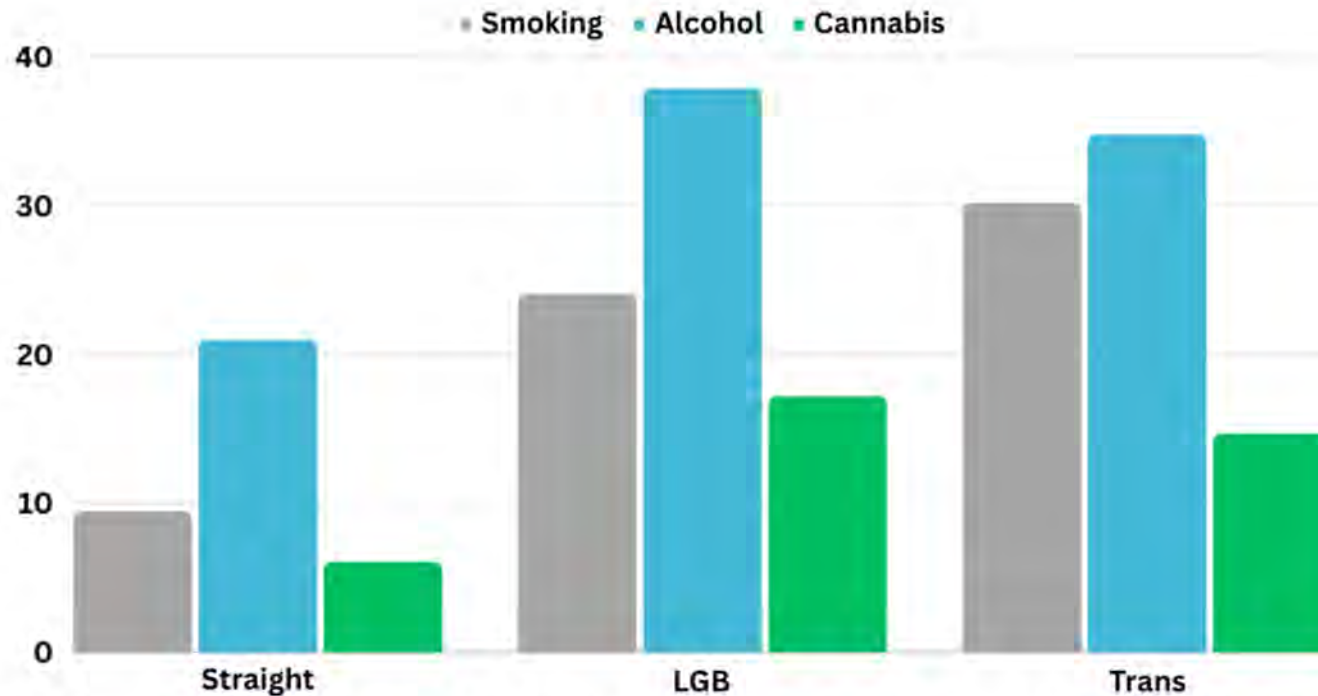
Centers for Disease Control and Prevention. 2021 Youth Risk Behavior Survey Data. Available at: www.cdc.gov/yrbs.

Mental Health



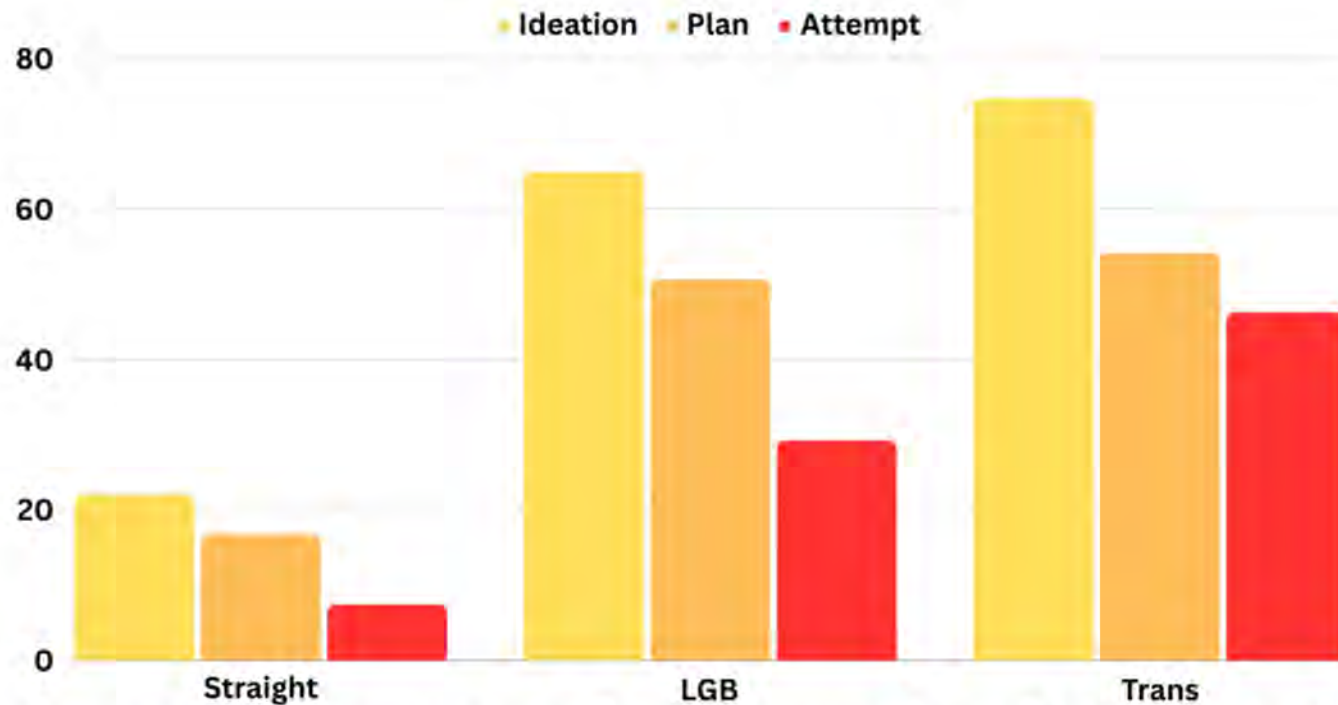
Centers for Disease Control and Prevention. 2021 Youth Risk Behavior Survey Data. Available at: www.cdc.gov/yrbs.

Substance Use

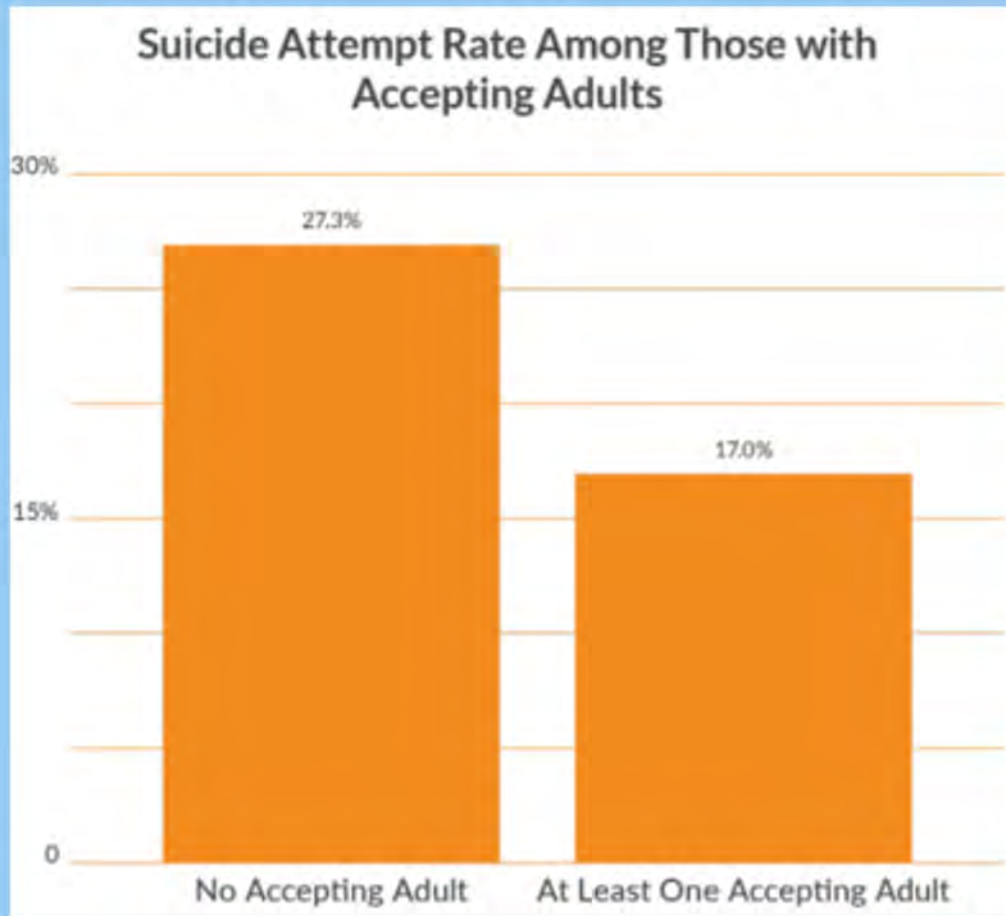


Centers for Disease Control and Prevention. 2021 Youth Risk Behavior Survey Data. Available at: www.cdc.gov/yrbs.

Suicidality



Centers for Disease Control and Prevention. 2021 Youth Risk Behavior Survey Data. Available at: www.cdc.gov/yrbs.



The Trevor Project. (2019) The Trevor Project Research Brief: Accepting Adults Reduce Suicide Attempts Among LGBTQ Youth. New York, New York: The Trevor Project.

Where Are We Losing Patients?

Key Note: Why Are We in Healthcare?

Five Keys to Service

1. Don't Categorize; Use Your Client's Terms

- Always use the labels and pronouns they identify as

2. Know Why You're Asking, and Explain Why

- Only ask question relevant to the care or programs they are receiving and be able to answer why you're asking that question

3. Consider the Whole Person

- A Transgender person's "trans-ness" is only one aspect of them, consider the whole of their race, class, family history, and life style when treating them.

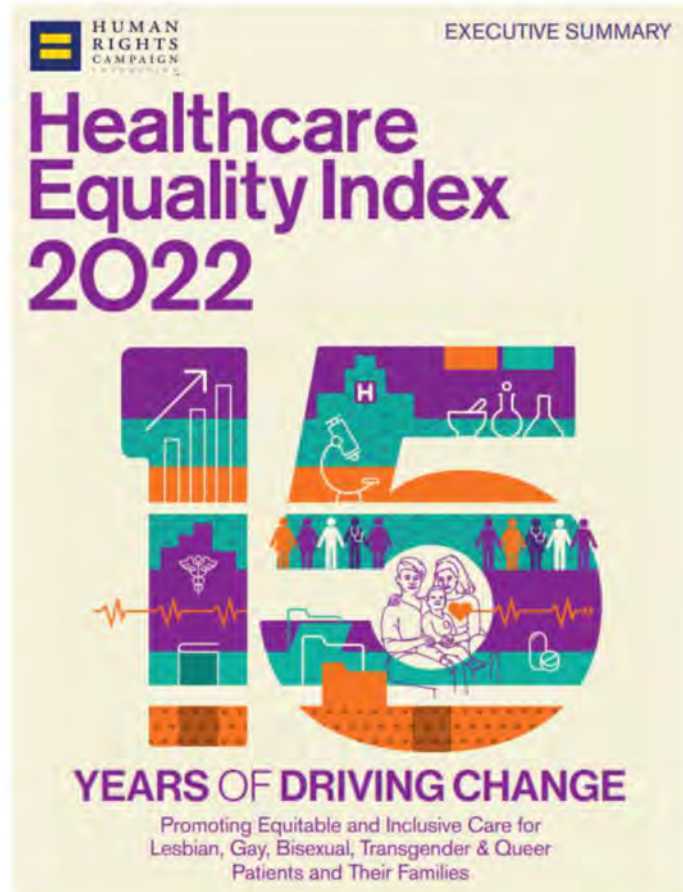
4. Partner With Your Client

- Transgender people often know their what makes them comfortable and can educate you in what is right for their treatment.

5. Manage Your Curiosity

- Also consider whether you would ask a non-transgender client the same question—or how you would feel if someone asked you the question you want to know.

HRC: Health Equality Index



The **Health Equality Index** is a flagship resource for any healthcare entity. Step-by-step guides on how to improve your organization with accountability and within industry standards for human rights.

One doesn't need to reinvent the wheel - this is a fantastic starting point for any organization looking to improve both locally and regionally.

<https://reports.hrc.org/hei-2022>

Q & A



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