

# Quality of Life as Perceived by Rural Dwellers with a Serious Mental Illness

By Deborah Townsend PhD APRN, CNS

Assistant Professor at Minot State University

Nursing Department

## 1. **OBJECTIVES:**

- A. Participants will understand the perceptions of quality of life as described by rural dwellers with a serious mental illness.
- B. The concept of 'having enough' in a rural environment will be explained.
- C. Recommendations for the development of evidence-based treatments reflecting a rural context and culture will be explored.

## 2. Seriously Mentally Ill in Rural Environment

## 3. Scarcity of Providers and Treatment

## 4. Purpose of the Study

## 5. Data collection procedures

6. Sample Criteria

7. Diagnoses

8. Method: Interview Process

9. Research Questions

10. Theoretical Model: 'Having Enough'

11. Stable Health

12. Interpersonal Relationships

13. Spiritual Engagement

14. Meaningful/Purposeful Doing

15. Environmental Resources

16. Financial Resources

17. Implications of the Study

18. Desired Characteristics in Mental Health Providers

19. Changing our Beliefs

20. Practice Recommendations