**Using Coercion and Threats**
- Making and/or carrying out threats to do something to hurt her
  - threatening to leave her, to commit suicide, to report her to welfare
  - making her drop charges
- Making her do illegal things.

**Using Economic Abuse**
- Preventing her from getting or keeping a job
- Making her ask for money
- Giving her an allowance
- Taking her money
- Not letting her know about or have access to family income.

**Using Male Privilege**
- Treating her like a servant
- Making all the big decisions
- Acting like the "master of the castle"
- Being the one to define men's and women's roles.

**Using Children**
- Making her feel guilty about the children
- Using the children to relay messages
- Using visitation to harass her
- Threatening to take the children away.

**Using Intimidation**
- Making her afraid by using looks, actions, gestures
- Smashing things
- Destroying her property
- Abusing pets
- Displaying weapons.

**Using Emotional Abuse**
- Putting her down
- Making her feel bad about herself
- Calling her names
- Making her think she's crazy
- Playing mind games
- Humiliating her
- Making her feel guilty.

**Using Isolation**
- Controlling what she does, who she sees
- Telling her what she reads
- Where she goes
- Limiting her outside involvement
- Using jealousy to justify actions.

**Using Minimizing, Denying, and Blaming**
- Making light of the abuse
- Not taking her concerns about it seriously
- Saying the abuse didn't happen
- Shifting responsibility for abusive behavior
- Saying she caused it.