Go to the HIPE website (http://ruralhealth.und.edu/hipe) for coloring contest information and coloring pages. The contest is designed for students in Kindergarten through 2nd grade. Following are suggested guidelines for you to use in organizing a contest in your local community:

1. Introduce the contest by having a health professional come talk about his or her occupation, as well as to introduce the coloring contest.

2. Access the coloring pages from the HIPE website. You may wish to allow students to select the page they would like to color.

3. Give the students up to one week to complete the project. The project must be completed during school hours. Colors, poster paint, or markers may be used.

4. You may wish to use local healthcare providers as judges for the contest—nurses, doctors, dentists, pharmacists, etc.

5. Prizes should be awarded to students—one or more for each grade level.

6. Work with a healthcare provider in your community (the hospital, nursing home, medical clinic, etc.) to sponsor contest prizes.

7. Offer to display the student posters at the healthcare facility.